

# PARENT / CAMPER HANDBOOK 2024

This handbook will help you prepare for your camping adventure.



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We are so excited to welcome you and your camper to Camp Sweeney. We have put together this handbook to help new and returning campers navigate your camper's summer experience. From what to expect during certain Sweeney events to keeping up with your camper on the Parent Portal, we hope we will answer most of your questions. But if you cannot find your answer here, please contact our office by phone or email. Contact information is on the first page of this handbook.

#### PRE-REGISTRATION PAPERWORK

We will send you a Pre-Registration Email about 6 weeks prior to your opening day to complete your Pre-Registration Paperwork. This paperwork is all online at <a href="https://campsweeney.org/pre-reg-checklist/">https://campsweeney.org/pre-reg-checklist/</a>. There are 4 items you must complete. These forms are required for ALL campers whether diabetic or not, new or returning.

- Pre-Registration Form this form will provide us with your camper's vital information including meals, medicine and medical needs, and pump/CGM information.
- Parent & Camper Questionnaire this short form will help us get to know your camper and assist
  us in building your camper's Sibling Group which will be made up of your camper plus 3-4 other
  campers and a counselor from your child's cabin.
- Urban Air Waiver this form is for one of the field trips we go on during the session. A link will be
  included in the pre-registration email as well as on the Pre-Registration Checklist page.
- Medial Application this form must be filled out by your camper's physician. A link will be included in the pre-registration email as well as on the Pre-Registration Checklist page.

Our medical staff may contact parents of returning campers (or campers using the Point-to-Point airport pickup service). They will go over the details you have provided in the Pre-Registration Form as well as any last-minute changes.

You will also have a choice of your Opening Day check-in time. The Pre-Registration Email will include a link to go to SignUp Genius and choose a time slot. The sooner you sign up, the more likely you will be able to get your check-in time preference.

#### **OPENING DAY & CHECK-IN TIME ASSIGNMENT**

Opening day check-in will take place from 6:40 AM to 10:30 AM with each camper having chosen their specific check-in time on SignUp Genius. Please plan to spend **about 2 hours for check-in**, especially if your child has a CGM or Pump.

### **Opening Day Registration**

There is much excitement surrounding wonderful new diabetes technology to keep our campers happy and healthy! With this, however, comes a slightly longer process of transferring their devices, account information, and pump settings over to Camp Sweeney's data systems. Families should expect Opening Day Registration to take around 2 hours to ensure that this process is done safely and effectively. All diabetes technological devices and their settings are extensively reviewed multiple times by our medical staff, along with the switching of information from separate personal accounts to Camp Sweeney's unified accounts.

- ARRIVAL TIME: please arrive 15 minutes before your assigned time
- PARKING: you will be directed where to park and where to go upon arrival
- CHECK-IN STATIONS:
  - MEDICAL SCREENING: campers are screened for infectious conditions such as febrile illnesses, staph infections, and head lice. If campers have any infection, we ask families to take their child home for proper treatment before returning to camp.
  - o CAMPER PHOTO: for our parent portal webpage

- o MEDICATIONS: for campers who have medications other than insulin
- o DEVICES AND TECH: if your camper is using a pump or CGM at camp

### **Know Your Usernames and Passwords**

- Opening Day Registration at Camp Sweeney is a thorough process to ensure the safety of our campers, with medical data being checked multiple times.
- Please know your account usernames & passwords ahead of time. These
  include (but are not limited to): Tandem Source, Dexcom Clarity, Podder Central,
  etc.
- OminiPod 5 users. Please login to Podder Central and link your account to Glooko, and then in Glooko, share your data with us using the proconnect code: "campsweeney." If you are using an android phone to control your pod, please set-up on an Insulet-provided controller before coming to camp.
- Tandem Tslim or Mobi users. Please login into Tandem Source and link your account to the Clinic Name: Camp Sweeney
- See detailed information in Pumps & CGMs in next section to prepare for camp
- UNLOAD AT CABIN:
  - o Help your child unload and get settled in the cabin
  - Meet your camper's counselors
- LATE CHECK-IN FEE the Camp Sweeney program starts immediately after Opening Day Check-In; please be sure to arrive on time so your camper does not miss any of the activities
  - o Arriving 10:30 AM 6:00 PM on Opening Day \$25 late fee
  - Arriving after 6:00 PM \$50 late fee

#### **GROOMING:**

- Unnatural hair color is not permitted
- Piercings: male campers may not wear earrings. All other body piercings (tongue, nose, naval, etc.) are not permitted for campers and staff.
- Tattoos must be covered at all times
- Facial hair: male campers with facial hair (beards, goatees, mustaches) are required to be clean shaven while at camp

### **PUMPS & CGMS**

Be sure to bring your receiver if you have one. Depending on the type of CGM data upload, you may be issued a Camp Sweeney iPhone for use during the session. If the camper is "looping", you may need to bring the camper's personal phone. There are specific conditions and regulations with the use of the camper's personal phone. For example, all phone functionality except for CGM receiver apps will be disabled during the session, including camera, call/text, internet, games, music, etc. Additionally, all "Share" functions for CGMs will be turned off, and parents will not be able to view CGM data during the camper's session.

### **Know Your Usernames and Passwords**

Opening Day Registration at Camp Sweeney is a thorough process to ensure the safety of our campers, with medical data being checked multiple times. To shorten this often-lengthy process, please follow the tips below:

Please know your account usernames & passwords ahead of time. These include (but are not limited to): *Tandem Source, Dexcom Clarity, Podder Central*, etc.

OminiPod 5 users. Please login to Podder Central and link your account to Glooko, and then in Glooko, share your data with us using the proconnect code: "campsweeney." If you are using an android phone to control your pod, please set-up on an Insulet-provided controller before coming to camp.

Tandem Tslim or Mobi users. Please login into Tandem Source and link your account to the Clinic Name: Camp Sweeney

# Basal Program Names

For children on detachable insulin pumps (Tandem T:Slim, Mobi, Medtronic 670g, 770g, 780g, etc.), please change the name of your child's basal program/profile (i.e., the digitally programmed insulin regimen within the pump's "settings"), to your child's first and last name. This allows staff to easily identify the owner of the insulin pump. For example, rather than titling their basal program "Camp" or "Summer", simply name it "John Smith."

If you have any questions on how to do this, please don't hesitate to ask your child's physician, endocrinologist, diabetes educator, nurse, or consult Medtronic or Tandem's help resources.

#### OmniPod 5

Campers who intend on using the OmniPod 5 with iOS app (if available in 2024) closed-loop system will have to change their pod and re-enter their pump settings (basal rates, ICRs, targets, etc.) onto a Sweeney provided iPhone during registration at Camp Sweeney. This will be done on opening day and may result in longer wait times during registration. Our preference would be that campers bring their own controller so this could be avoided. For campers that are using an android phone as a controller, they will need to bring their Omnipod controller to use while at camp. In order for our medical staff to view pump data and make changes to your child's insulin regimen while at Camp, OmniPod 5's users will need to login to Podder Central and connect their Omnipod 5 data with Camp Sweeney's Glooko account. Please have your Podder Central username and password ready during registration.

The more you can do before you arrive, the faster registration should be.

Sharing your OP5 data with our staff is a two-step process. First, connect your OP5 to Glooko. This may have been done for you at setup of your OP5 system. If not, instructions are available here: <a href="https://support.glooko.com/hc/en-us/articles/4480389217427-How-do-I-connect-my-Omnipod-5-with-Glooko">https://support.glooko.com/hc/en-us/articles/4480389217427-How-do-I-connect-my-Omnipod-5-with-Glooko</a>

Second, share your data with Camp's Glooko account by following the directions here: <a href="https://support.glooko.com/hc/en-us/articles/115003853885-How-do-I-ProConnect-with-my-healthcare-provider#:~:text=Glooko%20makes%20it%20easy!,to%20use%20the%20Glooko%20app">https://support.glooko.com/hc/en-us/articles/115003853885-How-do-I-ProConnect-with-my-healthcare-provider#:~:text=Glooko%20makes%20it%20easy!,to%20use%20the%20Glooko%20app</a>

Our proconnect code for Camp Sweeney is "campsweeney."

### • Tandem Mobi/Tslim

Campers who have a Tandem Mobi pump will have to sign-in to their Tandem Mobi app on a Sweeney provided iPhone during registration at Camp Sweeney. This will be done on opening day and may result in longer wait times during registration. Please note if you are using a Tslim X2 using a phone app we will use the actual pump interfaces for meals and setting changes. We will not use the bolus by phone feature for X2 users at Camp. In order for our medical staff to view pump data and make changes to your child's insulin regimen while at Camp, Tandem pump users will need to login to their T:source account and connect their T:source data with Camp Sweeney's T:source account. Please have your T:connect username and password ready.

Instructions on how to share your t:slim data with our medical staff are available here: <a href="https://support.tandemdiabetes.com/hc/en-us/articles/18983449690263-How-to-Share-Tandem-Source-Reports-with-your-HCP">https://support.tandemdiabetes.com/hc/en-us/articles/18983449690263-How-to-Share-Tandem-Source-Reports-with-your-HCP</a>

Our "clinic name" in Tandem Source is "Camp Sweeney."

#### • Ilet Pump User

Expect that your target will be increased slightly on opening day to allow your pump to acclimate to camp activity.

### Riley Loop Systems

Camper will be allowed to keep their personal phones but will have sim cards removed and apps and wifi locked down.

#### Dexcom 6/7 Users

Patients using the Dexcom 6/7 or Libre systems will need to pair their CGM's to apps on their Sweeney Provided iPhones. Your Dexcom username and password and the transmitter ID of the device will need to be known to do this transfer.

#### Libre 2/3 Users

Patients using the Libre 2/3 will need to pair their CGM's to apps on their Sweeney Provided iPhones. You will need your Libre username and password to allow transfer of your sensor to the Camp-provided iPhone.

#### CLOSING DAY / CHECK OUT - 10:00 am to 11:00 am

Closing day is the last Thursday in the session, from 10:00 am to 11:00 am. Be kind to your counselors and pick up your child on time. Your counselors only get a few hours between sessions for a much needed break.

#### PARK AT THE SAC / GYM:

- o Get camper's progress report from a member of our medical staff
- o Session Video: pick up pre-purchased video or purchase on closing day
- Lost and Found: there will a table set up for you to go through any unmarked lost and found items

#### PICK UP CAMPER FROM CABIN:

- Counselors will help the camper bring out belongings
- BEFORE YOU LEAVE: Ask for remaining medications, remaining pump/CGM supplies, money, paintball guns, cell phone, etc.

### Someone else picking up your child?

If someone else is picking up your child, please let us know at <a href="https://www.campsweeney.org/camper-pickup">www.campsweeney.org/camper-pickup</a>. Anyone other than a parent/guardian must have a picture ID.

# Have a back-up plan

We all have those days when something comes up or we have car trouble. Please have a backup person on call just in case you need someone to pick up your child

#### STAYOVER WEEKENDS & CONSECUTIVE SESSIONS

If your child is attending two sessions in a row, you may enroll in the Stayover Weekend. All Stayover campers will already be registered for the next session so there will be no need for you to come back to register your child on Sunday. Stayover weekend includes rest and re-set time along with a shopping trip and off-campus event. Contact our office if you would like to enroll.

If your child is attending two sessions in a row and is NOT enrolled in Stayover Weekend, you will still need to pick up your child at the regularly scheduled time and bring them back on Opening Day.

# **CLOTHING & OTHER STUFF TO BRING (OR NOT BRING)**

Label everything!! You may bring your belongings in a trunk or plastic tub with lid. There are shelves next to the bunk beds available for storage and space at the end of the bunk for your trunk or tub.

- Clothing
  - o 6-8 pairs of shorts
  - o 2-3 pairs of jeans
  - o 8-10 tee shirts
  - o 10-12 pairs of socks & underwear
  - o 1-2 swimsuits
  - o a light jacket
  - 2-3 pairs of tennis shoes
  - o 1 set of dress clothes for special events
- Personal toiletries (shampoo/conditioner, toothpaste/toothbrush, hairbrush, etc.)
- Linens
  - 2 sets of twin sheets (beds are slightly smaller than regular twin)
  - Twin-size blanket or bedspread
  - Pillow with 2 pillow cases
  - o 4-6 towels
  - Optional laundry bag every camper will be provided a Camp Sweeney laundry bag
- Medicine: all routinely taken medicines (prescribed or over-the-counter) must be brought in its original packaging for the full 19-day session
- Pump/CGM supplies: bring enough tubing and other supplies for the full 19-day session. Sites may be changed daily because of summer activities (pool, lake, etc.)
- Costumes/clothing for the dances: themes are luau, costume, neon, and prom
- Optional: tennis racket, lacrosse stick/gloves, camera (not phone camera), rollerblades, skateboard, helmet and pads

# Things not to bring

- Food of any kind
- Inappropriate clothing with offensive language/symbols or tobacco/alcohol advertising
- Recorded music
- Internet-capable devices: iPads, Cell Phones (except for CGM purposes), smart watches, game systems
- Expensive items
- Sentimental, irreplaceable items

#### **CAMPER PROPERTY**

Camp Sweeney will make every reasonable effort to return camper property. However, Camp Sweeney is not responsible for loss, theft, or damage to camper property, including but not limited to Pumps, CGMs, Sensors/Receivers, Smartphones and/or other expensive or sentimental items. YOU MAY CHOOSE NOT TO SEND THESE EXPENSIVE ITEMS TO CAMP. Instead, your child may be placed on injection therapy for the duration of their camper session.

### **ADJUSTING TO CAMP**

For many campers, being away from home for the first time can be challenging. The Camp Sweeney program is very well suited to overcome these challenges. Our counselors are specially trained to help each camper overcome any anxieties they may develop at camp and become comfortable with the environment around them. If your child shows signs of missing home, our counselors will contact you and keep you updated on their progress. In most cases, these anxieties disappear quickly after campers adjust to their new routines and begin forming connections with other campers.

### **FIRST DAY ACTIVITIES**

We do a lot on opening day. Of course, we do a lot every day, but opening day is especially important. Campers get settled in and they get to know the other campers and their counselors. Shortly after the parents leave, there is a cabin orientation when introductions are made, the daily routine is explained, and the rules of camp are outlined. Lunch is the first meal offered on Opening Day.

BIG BROTHER/SISTER GROUPS or Sibling groups help ease the transition from home to camp. A sibling group is made up of a counselor and 4-5 campers within the cabin. The sibling groups spend time together each day doing activities, writing letters, or talking about specific issues related to diabetes.

SIGNING UP FOR CLASSES is the next step on opening day. Campers learn about the 30+ classes offered at Camp Sweeney. The campers get to choose the classes they want to take in week one of camp. See more about class sign-up in the next section.

The web-casted WELCOME CAMPFIRE is held that evening. Every new camper will randomly draw a ball from a silver bowl to choose to be on Alpha team or Beta team. The Alphas and Betas compete in the Camp Sweeney Olympics all session long. Once you are on a team, you're on it for life!

### **CLASSES**

We have over 30 classes for campers to choose to take. Classes are divided into two categories: actives and passives. Campers expend a lot of energy in active classes. For example, Lacrosse and Water Sports are very active, and participation in those classes will normally result in lower blood sugar. Passive classes, on the other hand, are more relaxed. Archery and Fishing don't involve much exercise but are still a lot of fun. Of the five classes that campers take each day, at least 3 need to be active. Campers will choose five more classes for week two and five more for week 3.

Campers may change classes on Monday or Tuesday. We want to make sure that every camper gets to experience as many classes as possible while having a great time at camp.

We have all of the equipment needed for each of the classes Camp Sweeney offers. However, campers are welcome to bring their own equipment if they want. Just be sure all of your equipment is clearly marked with your camper's name so it doesn't get mixed up with ours.

- Paintball guns cannot exceed the standards of our program. All paintball guns ours and yours –
  are required to be kept in a separate secure location, not in the cabin. Please do not bring an
  expensive paintball gun to camp.
- Skateboard, rollerblades, or scooters can be used at the Skate Park, which will be open as a class and for a few special nights after supper. Helmets and knee/elbow/wrist pads are required to participate in this class. Again, we have protective equipment if you do not bring your own.
- If you would like to restrict your child's participation in either of these classes, please email <a href="mailto:registrar@campsweeney.org">registrar@campsweeney.org</a>.

### **DANCES**

We have 3 theme dances. Prizes are awarded in each cabin for the best costumes. And on the last night of camp after the banquet, we have the Camp Prom.

- Luau bring your Hawaiian shirts, tropical fashions, or grass skirts
- Costume bring your favorite Halloween costume or design something new
- Neon "Essence of Fluorescence" invites you to bring your loudest neon and day-glow
- Prom after Banquet Prom theme this summer is "A Starry Night"

### AWARDS CEREMONY, BANQUET, CODE OF LIVING

During the last night of the session, we have a banquet and awards ceremony. The campers and counselors all dress up for this special night. Class awards and Code of Living representatives are announced this night.

The Code of Living is very special. Each camper votes to decide which person in their cabin best demonstrates the ideals we strive to achieve at Camp Sweeney. Campers who are selected to represent the Code of Living leave their legacy by having their signatures burned into the large wooden plaque hanging in our Lodge. Becoming a Code of Living representative is the greatest honor bestowed at Camp Sweeney.

### SWEENEY MED, MEDICAL EDUCATION, and REWARDS

Medical education classes – called Sweeney Med – are offered throughout the session. The classes are separated by age group in order to focus on the diabetes information needed during different stages of childhood and early adulthood. At our nightly flag lowering, campers are randomly selected to answer review questions and win prizes. The campers take a written exam at the end of the session. The camper with the highest score in each cabin will win an even bigger prize.

# PARENT PORTAL, EMAILS, PHONE APP, SOCIAL MEDIA

There are several ways to keep up with how your camper is doing.

- Parent Portal / "My Sweeney"
  - View cabin pages and the med staff page
  - o Go to www.CampSweeney.org and click on MY SWEENEY at the top of the screen
  - Use the username and password that was emailed to you to complete your Pre-Registration paperwork. This information will also be provided to you again on opening day.
- Sweeney 365 App
  - Available at the Apple App Store or Google Play Store
  - o Can be used to view the Parent Portal
  - o Do NOT use the email function as it is still under construction
- Emails
  - Email your camper anytime while at camp. Please use cabin email below and put the camper's name in the subject field

Brown Cabin
Byrne Cabin
Morris Cabin
Hillcrest Cabin
Bonner Cabin
Leonard Cabin
Dillard Cabin
Simmons Cabin
Byrne@campsweeney.org
byrne@campsweeney.org
hillcrest@campsweeney.org
bonner@campsweeney.org
leonard@campsweeney.org
dillard@campsweeney.org
simmons@campsweeney.org

- o Campers generally receive emails within 24 hours depending on the day's activity
- Campers can respond to parents by writing a hand-written note on the back of these emails
- o Camper responses are scanned in our office and emailed back to the parents
- Email turn-around may take up to 5 days due to the busy schedule of Camp Sweeney (busy daily schedule, nighttime activities, or off-site field trips)

- Mail
  - Campers LOVE mail call
    - Send letters and packages by US Mail to

Your Camper's Name Camp Sweeney PO Box 918 Gainesville, TX 76241

- Phone Calls
  - o Calls to medical staff, leadership staff, or Big Brother/Sister are welcome
  - o Best time to call counselors is meal times because they are gathered in the Lodge
    - Lunch 12 pm, Supper 6 pm
    - Main number is 940-665-2011
  - Medical Staff can be reached most anytime, but best reached 8:00 am to 7:30 pm
- Social Media
  - o TWITTER @campsweeney
  - INSTAGRAM @camp\_sweeney\_pfc
  - FACEBOOK facebook.com/campsweeney
  - o YOUTUBE
  - o KPFC Radio App

### **BROADCASTING, WEBCASTING, and PODCASTING**

Many of our nighttime activities are HD broadcast for family and friends at home. Campfires, Flag Lowerings, and the Awards Show will be broadcast live by radio and webcast. Replays are available by podcast. For live radio or video/audio webcasts, go to <a href="https://www.campSweeney.org/summer-live">www.campSweeney.org/summer-live</a>.

# **Broadcast Events & Times**

WEEK	DAY	TIME	EVENT
All 3 weeks	Mon-Fri	8:40 am - 10:30 am	Broadcast Class Show
All 3 weeks	Every Night	6:45 pm	Flag Lowering
Week 1	Sunday	7:00 pm	Welcome Campfire
Week 2	Sunday	7:15 pm	Olympic Night Campfire
Week 2	Tuesday	7:00 pm	Quiz Bowl
Week 3	Sunday	7:15 pm	Olympic Finale
Week 3	Monday	2:35 pm	Talent Show
Week 3	Tuesday	7:00 pm	Skit Night Campfire
Week 3	Wednesday	6:00 pm	Awards Show

# **MERIT TOKENS**

Merit tokens are one of the ways we reward our campers for positive contributions in the cabin and in classes. They're great! They're free! And you can buy stuff with them like sugar-free gum and stuff in the camp store (no money allowed, just tokens).

We have an ATM "token" machine so campers can access their tokens to spend in the camp store. To access tokens through the ATM, campers will need a four-digit PIN, which can be any four numbers like a birthday or phone number. Choose your PIN on the camper application when you first apply to camp.

# **CHAPEL SERVICE (NON-DENOMINATIONAL)**

Each Sunday morning, counselors and campers conduct a non-denominational chapel service. The service is produced by the other campers and centers on the camp's Code of Living.

Optional Catholic Mass is available Sunday afternoons for campers whose parents have given written consent. If interested, please fill out a Catholic Mass consent form at <a href="http://www.campsweeney.org/mass">http://www.campsweeney.org/mass</a>.

### **CAMP RULES**

We ask campers to follow these rules to keep things safe and fun for all.

- ALWAYS WITH A COUNSELOR: for the protection of all of our campers, we ask that campers never be in a cabin without a counselor (i.e. between classes)
- NO EXPENSIVE CAMPER PROPERTY: Do not bring valuable items or irreplaceable/sentimental items. Camp Sweeney will make every reasonable effort to return camper property. However, Camp Sweeney is not responsible for loss, theft, or damage to camper property, including but not limited to Pumps, CGMs, Sensors/Receivers, Smartphones and/or other expensive or sentimental items. YOU MAY CHOOSE NOT TO SEND THESE EXPENSIVE ITEMS TO CAMP. Instead, your child may be placed on injection therapy for the duration of their camper session.
- NO MONEY: We ask that you not bring money to camp unless it is for travel/flight arrangements. If you bring money, please turn it in to your cabin leadership staff for safekeeping.
- NO FOOD: Do not bring or mail snacks of any kind, including sugar-free gum and sugar-free candy. Snacks and drinks will be provided in sufficient quantities by Camp Sweeney.
- GOOD CITIZENSHIP: We ask campers to practice good citizenship while at camp. This includes
  no profanity. Any clothing or personal items that have inappropriate language, offensive symbols,
  or an inappropriate message will be taken up by the leadership staff. We do not allow campers or
  staff to wear clothing advertising alcohol or tobacco.
- NO RECORDED MUSIC: We ask that campers not bring any personal music to camp. Musical instruments would be okay to bring.
- GROOMING: Unnatural hair color is not permitted. Male campers may not wear earrings. All other body piercings (tongue, nose, naval, etc.) are not permitted for campers and staff. Tattoos must be covered at all times. Facial hair: male campers with facial hair (beards, goatees, mustaches) are required to be clean shaven while at camp.
- NO PDA: Inappropriate physical contact (i.e. anything other than holding hands) between campers or between staff members is not allowed.
- NO TOBACCO, ALCOHOL, ILLICIT DRUGS: The use or possession of any form of tobacco, alcohol, or illicit drugs will not be tolerated.
- NO WEAPONS: Pocket knives, firearms, weapons, wallet chains, water guns, or water balloons
  are not allowed to be kept with the campers. If brought to camp, these items should be turned in
  to leadership staff. Hazardous personal sports equipment must be kept secured by the cabin
  leadership staff until needed for a class. Paintball guns must be secured in the locked paintball
  equipment shed.
- NO INTERNET DEVICES: No devices with internet capability including laptops, gaming systems, iPads/tablets, or smart watches are allowed.
- NO CELL PHONES: Please do not bring your cell phone, except in the special case of acting as a "looping" receiver, at which point you must agree to disable all but the receiver app.
- NO CAMPER VEHICLES: Campers may not keep personal vehicles on camp property during their session.
- NO ANIMALS: Campers may not bring animals to camp without prior authorization from the Camp Director.
- WEAR FOOTWEAR: All campers must wear footwear when outdoors for their diabetic health.

- NO UNAUTHORIZED GUESTS/CAMPERS: Campers may not visit camp during other sessions in which they are not enrolled without prior authorization. This includes opening days. If they do receive authorization, they must be with a legal guardian.
- FOLLOW RULES: We ask that everyone follow our safety, medical, and activity rules. These rules will be outlined on opening day and are important to keep everyone safe and healthy.
- COURTESY: We ask that campers treat other campers and staff as they would like to be treated.
  Our counselors try to be as sensitive as possible to varying abilities, cultures, religions, races,
  genders, etc. Even though we may have different backgrounds or viewpoints, our goal is that we
  respect one another.

#### **BEHAVIOR ISSUES**

Believe it or not, we have had campers goof up a little at camp. Cabin leadership staff handle the majority of these small problems with as much patience as possible. However, if a camper commits a really serious offense, the situation will be handled by our senior program staff.

Depending on the situation, the program staff may deem it necessary to contact the camper's guardians and place the camper on a behavior agreement. This agreement is between the camper, the guardians, and the camp. It states that the camper agrees to adhere to the camp policies and further violations will necessitate terminating the camp experience immediately for that camper.

Some offenses are considered so serious that campers committing these offenses are sent home immediately. Some of these offenses are bringing drugs/alcohol/tobacco to camp, hitting or fighting, or sexual harassment of other campers or staff.

# **MEDICAL ROUTINES, MEDICATIONS and SUPPLIES**

Routine diabetes supplies, including most insulins, syringes, test strips, meters, and alcohol swabs are provided by the camp. Other prescribed or over-the-counter medications that are routinely taken by the camper must be provided to us in their original packaging or we cannot accept them. Pump and CGM supplies should be provided by the camper in sufficient quantities to last the entire 19-day session.

All insulin dosing and adjustments are performed under the supervision of the attending camp physician. Insulin doses and diet adjustments are made by the medial staff to ensure optimal control and safety for the camper.

Allergy medication may be required if your child is prone to seasonal allergies. Please consider placing your child on a daily oral antihistamine or nasal steroid at the beginning of the session. We want to make sure your camper has a great experience without those yucky allergy symptoms.

Sick call is available every day after breakfast for campers who are not feeling well to go and get checked out. Our medical staff is on duty 24 hours a day to handle daily health care and emergencies.

# **PARENT NOTIFICATIONS**

MID-SESSION LETTERS: Parents/guardians will receive letters from your camper's Big Sibling (counselor) and medical staff. These letters will fill you in on your camper's experience at camp as well as report on blood sugar regulation, insulin dosage changes, or other medical issues.

ILLNESS OR INJURY: Parents/guardians will be notified by phone as soon as possible in the event of non-minor illness or accident. Examples would be severe insulin reactions, need for hospitalization, or need for laboratory tests or X-rays. Medical expenses incurred outside of camp (labs or x-rays, etc.) are the responsibility of the guardian. We will provide those places with your insurance information.

Camp Sweeney's medical team is dedicated to the promotion of excellent diabetic control. As such, we have a somewhat limited ability to care for other issues such as pneumonia, other significant infections, and serious injuries. To better meet the needs of our campers, we will contact parents if their child has presented to our medical staff wit a significant illness. This would include, for example, fevers lasting more than 48 hours, breathing problems, persistent cough or congestion, or continued complaints of belly pain for over 72 hours. During our phone conversation, we will discuss the option of having the family pick up the camper to be seen by the child's primary care physician. We can also offer to take the camper to a local pediatrician, but the family will be responsible for payment of any services rendered. Of course, the key to this plan is effective communication. We will endeavor to update all families regarding the medical status of their children as they present to the Camp Sweeney medical center.

#### **MEAL PLANS**

There are several meal plans from which to choose. You may view these meals plans at <u>Meal-Plans.pdf</u>. You were asked to choose your meal plan when you completed your Pre-Registration Paperwork. The medical staff will go over your meal plan and any food allergies or food preferences your child might have.

A meal plan may be adjusted while your child is here if the camper's needs are not being met or if the diet is too small or too large. Snacks are also served throughout the day so that no camper is left hungry.

Below are the meals scheduled for the session. However, every evening the campers will be able to preselect the food they want to eat. There is a carb-free food bar available during meals, too. Gluten-free and vegetarian meals, as well as restrictions for food allergies are also available. Each meal is balanced with proteins, vegetables, fruits, and carbs.

#### Session Menu

WEEK 1	BREAKFAST	LUNCH	SUPPER
Sunday		Pot Roast & Angel Food Cake	Chicken Strips
Monday	French Toast & Bacon	Spaghetti & Meatballs	Hamburgers
Tuesday	Pancakes & Turkey Sausage	Alfredo Bowtie Pasta & Meatballs	Salisbury Steak & Rice
Wednesday	Pigs in a Blanket	Hoagies	Grilled Chicken & Mac&Cheese
Thursday	Blueberry Mini Muffins & Bacon	Hamburgers	Chicken Fajitas
Friday	Egg McSweeney with Bacon	Alfredo Bowtie Pasta & Meatballs	Salisbury Steak & Rice
Saturday	Biscuits & Gravy	Mini Corn Dogs	Grilled Pork Chops
WEEK 1	BREAKFAST	LUNCH	SUPPER
Sunday	Blueberry Mini Muffins & Bacon	Pot Roast & Apple Crisp	Chicken Strips
Monday	Waffles & Bacon	Homemade Burritos	Grilled Chicken & Mac&Cheese
Tuesday	French Toast & Bacon	Beef Ravioli	Pesto Chicken & Rice
Wednesday	Pigs in a Blanket	Hoagies	Spaghetti & Meatballs
Thursday	Egg McSweeney with Bacon	Mini Corn Dogs	Special Night Out
Friday	Pancakes & Turkey Sausage	Homemade Enchiladas	Chicken Strips
Saturday	Biscuits & Gravy	Spaghetti & Meatballs	Grilled Pork Chops
WEEK 1	BREAKFAST	LUNCH	SUPPER
Sunday	Blueberry Mini Muffins & Bacon	Pot Roast & Angel Food Cake	Parmesan Chicken
Monday	French Toast & Bacon	Homemade Burritos	Cheese Tortellini
Tuesday	Biscuits & Gravy	Beef Ravioli	Turkey & Gravy
Wednesday	Pigs in a Blanket	Hoagies	Ribeye Steak & Hot Rolls
Thursday	Biscuits & Gravy		

### **CALENDAR OF SESSION EVENTS**

While the days are filled with classes selected by the campers, the nights feature camp-wide activities for all campers.

SUN	MON	TUE	WED	THU	FRI	SAT
Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Pre-chosen Time Slot Check-In	Luau Dance	All-Camp Hike Cookout	Mentor Talk Skate Night BR/BO/BY/LE	Mentor Choice Night	Scavenger Hunt BR/BO Lock-Out	Costume (Halloween) Dance
Opening Day Welcome Campfire		Pool Party BY/LE Early Dinner	Pool Party MO/DI/HI/SI	Social	BY/LE Retreat MO/HI	
Day 8	Day 9	Day 10	Day 11	Day 12	Casino DI/SI Day 13	Day 14
Senior Sunday Splashdown Sunday Olympic Campfire	Urban Air Mentor Night	Medical Quiz Bowl Cabin Parties	Mentor & Junior Ment Afternoon 1 Carnival Balloon Release	Hawaiian Falls  Because of July 4 <sup>th</sup> , Days 11 and 12 will swap for 2 <sup>nd</sup> session	Mentor & Junior Ment Afternoon 2 Pool Slide Party BR/BO/BY/LE Retreat DI/SI Casino MO/HI	Neon Dance
Day 15 Super Splashdown Olympic Finale Friendship Service	Day 16 Talent Show Pool Party BR/BO Lock-In BY/LE Skate Night MO/DI/HI/SI CIT Dinner	Day 17 Closing Campfire & Skit Night	Day 18  Banquet  Awards Ceremony  Code of Living  Prom Dance "A Starry Night"	Day 19 Closing Day Camper Check-Out 10 am – 11 am	Cabin Abbreviation BO – Bonner BR – Brown BY – Byrne LE – Leonard MO – Morris DI – Dillard HI – Hillcrest SI - Simmons	ons

### **LAUNDRY**

Laundry service will be provided once a week. Washers and dryers are also available in the cabins for accidents to bed linens and such. Campers do not wash their own laundry.

#### **VISITOR POLICY**

For the safety and privacy of our campers, we ask that only <u>invited guests or enrolled campers</u> visit Camp Sweeney. All visitors should report to the office in the Camper Center upon arrival (other than opening day). Non-staff/non-campers are never allowed to walk or drive the grounds without a Camp Sweeney authorized guide. Although we don't have a parent/family visitation day, we encourage parents to keep in touch by calling the main office and visiting the Parent Portal (My Sweeney) at CampSweeney.org. Families will receive written updates from our counselor and medical staff mid-session.

Only ENROLLED campers may come to opening day. Returning campers know that opening day is incredibly busy and not the time to visit with campers from other sessions. If you are not enrolled, please stay home, or you will be asked to leave immediately.

Every 3 years or so, Camp Sweeney has an Alumni Reunion for campers who have graduated out of the program. Campers who are 19 years old or who are enrolled in the current summer are not permitted to attend the Alumni Reunion.

# **2024 COUNSELOR STAFF**

lain Jahns	Associate Program Director. After graduating from Notre Dame in 2023 and flocking from his hometown of Seattle to
	Texas and spreading PFC all off-season long, lain can't wait to be back for summer number four with the Boyz of Brown Town! From pterodactyls to T-Rexes, he can't wait to make Summer 2024 absolutely DINO-MITE!
Marc Chahoud	Leadership. After his junior year at Notre Dame studying science-computing, Marc is making his way not to Wildwood, Missouri, but instead to Gainesville, Texas where he's gearing up to absolutely DINO-SCORE a Phenomenal Summer with the Boys of Brown in 2024!
Charlie Crawford	Leadership. You may be asking yourself, this year, will Brown Cabin be plain? No! Coincidentally hailing from PLA(I)NO, Texas, Charlie is ecstatic to be running it back with the Boys of Brown where things will be far from boring! With dinos at every turn, Charlie can't wait to wrap up his junior year at Oklahoma where he studies nursing before heading on down to Sweeneyland for summer number two!
Jack Malone	Leadership. A certified (paint)balla, Jack Malone just graduated from the University of Notre Dame with degrees in neuroscience and pre-health studies. Trading out the cold winters of Altamont, New York for the toasty Texas sun, Malone's enthusiasm for the Boys of Brown is sure to TRICERA-TOP the charts this summer!
Drew Baranko	Drew hails from chilly Mequon, Wisconsin and could not be happier to soak up the Texas sun as he braves the shore of Lake Dealey this summer in boating and canoeing! While his days may be filled with biochemistry exams as a sophomore at Notre Dame, he is eager to head down south for Phenomenal Summer 2024!
Renzo Gutierrez	Used to the warm climate, Renzo is stoked to be heading from his hometown of Yuma, Arizona to good ol' Gainesville for Phenomenal Summer 2024, with a pitstop at Notre Dame to study some biology! After his sophomore year, he can't wait to find the next Roger Federer on the Sweeney tennis courts!
Declan Lee	Hailing from NORTHville, Michigan, Mr. Lee will actually be heading SOUTH for the summer to join us for Phenomenal Summer 2024! You can catch Declan kickballin' out in field games after finishing up his sophomore year at Notre Dame studying anthropology.
Jack Markillie	Sure to leave his MARK(illie) on Phenomenal Summer 2024, Jack is absolutely psyched to be with the Boys of Brown Town! Summer can't come fast enough as he wraps up his sophomore year at Notre Dame studying biochemistry. He's sure to have a BLAST (off) in rocketry class!
Philippe Postec	You thought Philippe wasn't a certified soccer pro? Au contraire! Hailing from Saint-Germain-en-Laye in Yvellines, France, Philippe just wrapped up his first year at Notre Dame studying biology! But summer can't some fast enough as he eagerly awaits raising the FIFA World Cup trophy with our campers on the Sweeney soccer pitch!
Nate Sowers	Don't let his name fool you, Nate is never in a SOWER mood, he's always up for some F-U-N with the Boys of Brown! From Wheaton, Illinois, Nate's academic life encompasses his science pre-professional and theology studies at the University of Notre Dame. But he's also been brushing up on his fishing and can't wait to catch some two-plankers for Fish Fry Friday on the shores of Lake Dealey!
Bonner	
Eliana Goodman	Associate Program Director. I heard that Eliana is pretty good, man! A Lone Star State local, Eliana hails from Plano, Texas and is ecstatic to be with the Bonner Babes for Phenomenal Summer 2024! After wrapping her degree in English and Pre-Medical studies at WashU in St. Louis, she can't wait to be Tangled up in F-U-N all summer long!
Ingrid Azrak	Leadership. While typically a Midwest girlie, being from St. Louis and attending Notre Dame, she can't wait to head down south for summer number two at Sweeneyland! With hair as blonde as Rapunzel's, she can't wait to get Tangled up in the adventures of Bonner Cabin for Phenomenal Summer 2024!
Hannah Wurzbach	Leadership. Hailing from San Antonio, Texas, Hannah is hyped to run it (WURZ)BACH with the Babes of Bonner this summer! After her junior year studying biomedical sciences at Auburn (War Eagle!), her days of homework and tests will soon be replaced with daily assignments of F-U-N in June, July and August!
Camila Castaneda	Some people say that the West Coast is the best coast, but they've clearly never seen Lake Dealey. Hailing from out west in Castaic, California, Camila can't wait to run into Summer 2024 with our cross country class! She is currently studying biochemistry during her first year at Notre Dame!
Nneze Ekowa	After declining a Dancing with the Stars invitation in favor of teaching our Sweeney swing dance class, Nneze is thrilled to be heading down to Texas from her hometown of Plainfield, Illinois after wrapping up her sophomore year studying biology at Notre Dame!
Molly Fink	Are you (DEL)AWARE of Molly's knack for filming absolute masterpieces? Join her in video production class to find out Originally from Middletown, Delaware, she is currently studying chemistry as a first-year at the University of Notre Dame, ready to win some Oscars during Phenomenal Summer 2024!
Molly Sullivan	Roll Tide? More like Roll Tie-Dye! Because that's one of the many F-U-N crafts that Molly will be teaching in arts & crafts class! Originally from Cypress, Texas, Molly can't wait to head out west from the University of Alabama where she is a sophomore studying biology, eager to be at Sweeneyland!
Karlee Waugh	Despite being from Plainfield, Indiana, Karlee is far from plain. She can't wait to hit the shores of lovely blue Lake Dealey and reel in some F-U-N this summer after finishing her sophomore year studying biochemistry at the University of Notre Dame!
Anastasia White	With hair not unlike that of Rapunzel's, Anastasia is ready to make her way down from Oklahoma University, where she is on the Pre-PA track, to swing, pitch, and putt her way into Phenomenal Summer 2024 on the greens of Augusta

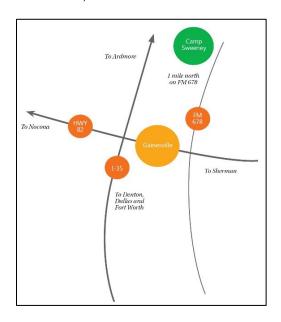
	National (the Supernov putt putt course)) Originally from Hickory Crock. Toyon summer con't come fact anough for this
	National (the Sweeney putt-putt course)! Originally from Hickory Creek, Texas, summer can't come fast enough for this future golf pro!
Byrne	
Thomas Grannen	Associate Program Director. Creepers beware, for Thomas "Diamond Pickaxe" Grannen is making his return to Sweeney Land for his third straight year with the Bros! He has recently graduated from UT Austin after studying Plan II and BHP and is from Houston, Texas. He's got a "Plan I" to lead the Byrne Bros in taking down all of the zombies, creepers, and spooky skeletons that may try to take their diamonds. Creeper, creeper, awww man!
Miguel Castro	Head Counselor. Hit the mines, 'cause Miguel "the Nether Slayer" Castro is heading back to kick it for a third straight year! Before conquering the Nether, Miguel hails from Baton Rogue, Louisiana, and has just graduated from Louisiana State University with a degree in Biological Sciences. He's ready to kick it once again down at Lake Dealey, with hopes of finding a mysterious Ocean Temple filled with diamonds!
John Scheller	Leadership. John "Spider-Jockey" Scheller is taking on the creative world of Sweeney for his second summer! Studying science-business at the University of Notre Dame, he brings some hand-crafted skills to hunting mobs and pouring COJ. Avondale, Arizona may be his initial home, but he's ready to mine and have the "pick-axing" time of his life at his home down on the baseball diamond!
William Azrak	William comes over from St. Louis, MO, where he'll be bringing his survival mode strategies to Byrne Cabin. He's studying Philo on the prehealth track at the University of Notre Dame, where he'll be an incoming Junior. Built like an Iron Golem, he'll be sure to help campers lift some crazy iron in weightlifting this PHENOMENAL summer 2024!
Tsegaw Bahlibi	God, Country, and Minecraft. Tsegaw is bringing his crafting skills from San Francisco, California. He's studying Biology and Theology, with a minor in diamond finding at the University of Notre Dame. It's been said that his feats on the football field scare away any opponent, even Herobrine himself. Don't fear, he's looking forward to slinging the "Nether" pigskin with all campers!
Herman Colberg	Do you enjoy the water of Lake Dealey? Stay tuned to see Herman craft up his infinite water glitch to bake all the cakes you need. Careful though, Endermen (Jurangadons) are waiting to steal a piece. Good thing we have Herman, who studies Science-Business at the University of ND. Originally from San Juan, Puerto Rico, Herman cannot wait to spend this summer in the toasty Texas sun!
Jace Kruer	Gear up for a block-busting, smoldering summer adventure with Jace Kruer, the MVP of our camp crew hailing from Edgewood, Kentucky! As a seasoned player of the game of life and Minecraft, Jace brings his passion for baseball and pixelated conquests to our camp community. Studying history on the premed track at the University of Notre Dame, he's ready to dig into F-U-N and create memories that'll last like diamond ore!
James Lazar	Don't worry, this isn't a Fallen Kingdom thanks to the creeper slayin' of James Lazar! He's from Median, WA, and is finishing up his sophomore year at the University of Notre Dame. Studying Biochemistry, James is a wizard on the brewing stand. Catch him cookin' up for paintball where he'll be sure to craft up some F-U-N to the M-A-X!
Luke Strawn	Prepare for an epic climb with Luke Strawn, from Clive, IA! Armed with a pickaxe and passion for both Minecraft and rock climbing, Luke brings pixelated prowess and real-world adventure to our camp community. Studying neuroscience and behavior at Notre Dame, Luke is ready to craft unforgettable experiences this summer!
Liam Zidar	In exchange for an emerald, I'll give youa PHENOMENAL summer with Liam! If it's diamonds you seek, Liam is the Byrne Bro to turn to. He hails from Glenview, Illinois, and is an incoming junior at the University of Notre Dame studying Science Preprofessional. Basketball may be his activity, but he's got some Redstone and Lapis Lazuli ready to cause some extra F-U-N!
Leonard	5.00 5.00 4 5 10
Marley Bartholomew	Hi Barbie! Though her home may be Conroe TX, Marley can't wait to welcome you to life in the Leonard Dreamhouse! After a year studying Plan II and Philosophy at UT Austin, Marley will be bringing her flair for creativity to Arts & Crafts all summer long!
Rupa Ponna	Hi Barbie! Coming back for her second summer of F-U-N, Rupa is super excited to dive into the world of Barbie to make it a PHENOMENAL summer 2024! She has been studying Neuroscience at ND and will soon be entering her senior year. Originally from Newburgh, Indiana, she cannot wait to get back in the Texas sun!
Pooja Shah	Hi Barbie! A native of Melbourne, Florida, Pooja looks forward to making Camp Sweeney her home for a second straight year! Studying Neuroscience at WashU St. Louis, she'll be graduating to bring down the Mojo Dojo Casa House in favor of the Lovely Leonard Lady Dreamcabin!
Mara Matthews	Hi Barbie! Jetskiing her way north from Dallas, TX, our reigning Queen of Lake Dealey can't wait to waterpark it up with y'all this summer! Mara, a regional and community planning student at Kansas State University, is ready to join the Leonard Ladies in yellow all summer long!
Katy Chambers	Hi Barbie! Stay tuned, for we've got Katy Chambers!! Hailing from Carlisle, PA, she is studying Biochemistry and Spanish at the University of Notre Dame. When she's not in the lab or learning new languages, she'll be attacking the rock wall down at the SAC, the location of her very own Barbie Dreamhouse!
Aicha Da Costa Samake	Hi Barbie! "Knock-knock" "Who's there?" "Barbie" "Barbie who?" It's Aicha!!! Coming down from Dolton, Illinois, she's ready to spread some extra F-U-N all over the ultimate frisbee field! She'll be finishing up her sophomore year at ND, where she studies Biology. There's nothing biological about the sick tricks she'll be showing off down on the field!
Mia Drake	Hi Barbie! Get ready to spike the summer heat with Mia Drake, our volleyball ace straight from the sun-kissed courts of Gilbert, Arizona! With spikes as powerful as Barbie's determination, Mia brings her passion for the game and vibrant energy to Sweeneyland. Pursuing Neuroscience at ND, she's ready to set, serve, and spike her way into unforgettable summer memories!
Nadia Vehovc	Hi Barbie! Nadia is a native of the "Windy City" (Chicago) and studies Economics on the Premed track at the University of Notre Dame. If you need someone to teach you the ways of the lacrosse field, she's the Barbie to go to! She'll be looking forward to trading away the South Bend cold for some Sweeney summer!
Morris	Accordate Draggam Director In his trials of calling the Northern Cons. James has according to DUCALCALL
James Smith	Associate Program Director. In his trials of sailing the Northern Seas, James has never seen a land as PHENOMENAL as Camp Sweeney. Originally from Farmingville, New York, he just finished studying Biology from the University of Notre Dame and is coming back for his third year in Morris Cabin! Lake Dealey beware, for the Morris Men of the North will look to have a "boat-load" of F-U-N!

Mark Greene	Leadership. A true man of the North, Mark hails from the blizzardous lands of Buffalo, New York. When he's not fighting through snow or conquering foreign lands, Mark studies Neuroscience and Behavior at the University of Notre Dame as a Junior. He will be returning for his second year with the Morris Men and beware, for he is quite formidable on the Mini Golf Course!
Kyle Koester	Leadership. Coming straight from his conquest of the Smokey Mountains, Kyle originates from Germantown, Tennessee. Don't let his town fool you, for this is a man of the ancestral Nordic lands! In his spare time, Kyle has just graduated from Wash U in St. Louis with a degree in Biochemistry. Entering his second year in Morris, watch out for Kyle on the soccer fields showing off some Viking stye!
Aidan Betts	WHISSHHH. A cross-country journey for an ordinary man is challenging, but Aidan is a true Morris Man of the North. Embarking from the far land of Corona, California, he has finished his sophomore year at the University of Notre Dame studying Science-Business. He'll be looking forward to joining his fellow Nordic Men and exploring the mysterious hiking trails of Sweeney!
Isaac Culp	SKRSSSSH. Isaac brings a mighty presence from the northern tundra of Marshall, Michigan. He will be entering his junior year at the University of Notre Dame after expanding the territories of Camp Sweeney. A Viking like no other, Isaac cannot wait to be out on the riflery range teaching some campers how to lock in and hit that bullseye!
Rowan McDonnell	HINGADINGADERGUN. From the distant territory of Arlington Heights, Illinois, Rowan could not be more stoked to join the Morris Men of the North. An incoming Junior at the University of Notre Dame, he studies Biology and will be "Rowing" around the cross-country trails all over Sweeney. He may even be quicker on his feet than he is with his sails in the wind at sea!
Cameron Neidhard	SKOLLLLL. Cameron is hailing from Silver "Leaf-Erikson" Drive up in Dayton, Ohio. He's finishing up his junior year at the University of Notre Dame with one goal in mind: to explore the lands of Sweeney. Shifting from the sea to the land, catch Cameron on the hiking trail looking for some new gold!
Suhas Nelaturi	BRNNNNNN. Sound the horns! Suhas is coming from Plano, Texas for a nearby expedition of some of the sacred Sweeney land! After completing his junior year at the University of Notre Dame studying Biochemistry, He'll be trading his helmet of horns for some skates and hockey pucks as he looks to shred it up in the toasty Texas sun!
Nathan Pennington	WHAMBAM. Get ready for the arrival of Nathan Pennington the Great. Hailing from Oakwood, Ohio, he's used to being out on the Northern Seas. He finished his Freshman year at ND studying Biological sciences in preparation for his Sweeney Land endeavors. Not just any Viking, Nathan has received comparisons to Michael Phelps for his aquatic speeds. Be sure to catch him exploring the great North and South Pools of Camp Sweeney!
Dillard	
Sara Bennett	Associate Program Director. Lake Dealey's #1 fan, better known as Sara, is thrilled to be returning for her 4th summer in Sweeneyland! A graduate student at the University of Michigan studying Health Informatics, she hails from Northville, Michigan and is so excited to have some F-U-N in the S-U-N this summer!!
Stephanie Estrada	Leadership. Down by the lake, you'll be sure to find Steph F-I-S-H-I-N-G to the M-A-X! When she's not driving El Pescado around Lake Dealey, Steph is studying biology at the University of Notre Dame or soaking up the sun at home in Clarksburg, California!
Thea Suplis	Leadership. Originally from Frisco, Texas, Thea is SUPer ready and roped in for Phenomenal Summer 2024! When she is not dreaming of her 104 days of summer vacation, she is studying biology at Trinity University.
Colleen Cordell	After cartwheeling her way from Carmel, California to Camp Sweeney, Colleen can't wait to fly with our Sweeney tumblers all summer long! Though studying psychology at Notre Dame is pretty F-U-N, she's ready to have F-U-N to the M-A-X all summer long!
Deborah Garcia	From Phoenix, AZ to KPFC, Deborah is ready for a summer of broadcasting Sweeney's finest talent! After finishing up the year studying Neuroscience at Notre Dame, she can't wait to join the Dolls for the most phenomenal summer yet!
Juliana Graceffo	Get ready to groove with Juliana Graceffo from Sammamish, Washington!! When she's not dancing the Irish jig and working on her Preprofessional Studies at Notre Dame, she's preparing to JUST DANCE her way down to the SAC for the most Phenomenal summer of Zumba Sweeney has ever seen!
Meghan Sharkey	From the Midwest (Troy, MI to be exact!), don't mess with Sweeney's best paintballer yet! Meghan is RED-dy for an unforgettable adventure with the Dillard Dolls after donning Irish green studying Spanish and Biology at Notre Dame all year long!
Evelyn Van De North	Evelyn Van de North? More like Van de South once she arrives in sunny Texas from her hometown of Maplewood, NJ! She's spent her year studying biochemistry at Notre Dame, but she's as ready as ever to sing her heart out with our talented Sweeney Choir!
Rosa Vega Rodriguez	Rosa is up for the Challenge! What might that be? Mastering the art of the I CAN wall, power pole and zipline of course! A neuroscience major at Notre Dame originally from Oklahoma City, Rosa is ready to zip right into an unforgettable summer with the Dolls!
Hillcrest	
Andrew Spittell	Associate Program Director. Hailing from Orange County, California, Andrew is returning to good oi' Texas for his fourth Phenomenal Summer at Sweeney! After graduating from Notre Dame in 2023 and spreading PFC during the offseason, Andrew is stoked to be Forting it up with the Hunks all summer long!
Rob Kerner	Leadership. Sir Kerner, better known as Rob, is wrapping up his junior year at Penn State studying Biobehavioral health on the pre-med track. Thrilled to be trading out the cold climate of Erie, Pennsylvania for the toasty Texas sun, it'll be nothing but June bugs and chug jugs all summer long!
Jacob Schirz	Leadership. The Schirzinator, better known as Jacob, hails from Oglesby, Illinois, and could not be more psyched about running it back with the HUNK\$ for yet another Sweeney summer! After finishing his junior year at Notre Dame studying biology, he'll be locked-in on making this summer a Victory Royale!
Drew Harrell	With the charm of a Southerner but the prowess of an academic weapon, Drew is from Evans, Georgia and is wrapping up his sophomore year at the University of Notre Dame where he studies philosophy, theology, and pre-health! Catch him absolutely slingin' disc at ultimate frisbee where every day is another victory for the OG.
Reid Moorman	Not too far from good ol' Gainesville, Reid calls Dallas, Texas home when he's not at Notre Dame studying neuroscience and economics. He'll be taking the Battle Bus from South Bend to Sweeney to scale the ropes of Challenge Course with the Hunks!

Michael Morrissey	Sweeney Fit? More like Sweeney Fort(nite)! Mr. Michael Morrissey hails from Richmond, Virginia and is currently a sophomore at the University of Notre Dame working on a degree in Science Pre-Professional Studies! Catch him ripping some crunches, burpees, and squats all summer long!
Matthew Politte	You have to be absolutely cracked to study classics and chemistry at the same time, and that's exactly what Matthew has been doing as a sophomore at Notre Dame. Hailing from St. Louis, Missouri, Matthew is stoked to be slicing and dicing up the fairway all summer long in Disc Golf!
Manny Uzobuife	From Fishkill, New York, Manny just wrapped up his sophomore year at the University of Notre Dame where he studies Science-Business. Catch him cooking up some new choreographed emotes and default dances that are sure to be phenomenal in theater class!
Simmons	
Grace Billhartz	Leadership. "I am Grace Billhartz and I speak for the trees!" Trekking all the way from the 314 to the 940, Grace is ecstatic to be back for a summer that is not extraordinary, but in fact is phenomenal! Her days of science-preprofessional studies will soon be replaced with insurmountable amounts of F-U-N!
Sarah Hepler	Leadership. "I am Sarah Hepler, and I also speak for the trees!" Heading out west from Brentwood, Tennessee, Sarah can't wait to be back with the Sweethearts of Simmons for summer number two! After graduating from Notre Dame with a major in neuroscience and a minor in F-U-N, Phenomenal Summer 2024 can't come fast enough!
Kate Robbins	Leadership. "I am Kate Robbins, and I, you guessed it, also speak for the trees!" Year 3 of neuroscience at Haverford College? Check. Year 2 at Sweeney? Soon-to-be checked. Hailing from Chicago, Illinois, Kate is ecstatic to be running it back with Simmons for a summer that is sure to be one for the books!
Jillian Hinck	"I am Jillian Hinck, and I will speak for the trees!" Originally from Arlington, Massachusetts, Jillian can't wait to cool off from the gargantuous Gainesville heat in swimming class! Her sophomore days of biology and anthropology at Notre Dame will soon be replaced with belly flop contests and cannonballs!
Carolina Andrea Jimenez Soto	"I am Carolina Andrea Jimenez Soto, and I will speak for the trees!" Hailing from Juana Diaz, Puerto Rico, she'll be graduating from Notre Dame with a degree in preprofessional studies come May 2024! She can't wait to head on down to Sweeneyland where it'll be Romanian deadlifts, incline dumbbell chest flies, and dumbbell lateral shoulder raises all summer long!
Adeline Kershner	"I am Adeline Kershner, and I will speak for the trees!" While she may hail from the deserts of Phoenix, Arizona, she can't wait to soak in the lovely waters of Blue Lake Dealey in boating and canoeing class! Currently a sophomore at Notre Dame studying biology, Phenomenal Summer 2024 can't come fast enough as she longs of getting her head out of the books and into the water!
Emma Newcome	"I am Emma Newcome, and I will speak for the trees!" Graduating from the University of Notre Dame du Lac with a degree in science pre-professional studies, she is eager to trade in the chilly Saint Paul, Minnesota climate for that of good ol' Gainesville, Texas! She plans to be in absolute sharpshoota in our archery class!

# **CAMP ADDRESS AND MAP**

Physical Address: Camp Sweeney 10687 FM 678 Whitesboro, TX 76273



### **SWEENEY SWAG**

There are lots of great Sweeney items online right now.

- Cabin Paks in your camper's cabin color and great for the opening night Welcome Campfire. Pak includes shirt, shorts, cap, sunglasses, and socks.
- Sweeney Towels in two fun designs
- Sweeney 5 Shirt the official band shirt of the summer
- Session Video highlights of the session on a USB for your convenience

Just go to <a href="https://campsweeney.org/cabinstore">https://campsweeney.org/cabinstore</a> to get your Sweeney swag on.