

How To Teach Ages and Stages-

Share that as a group we are going to have a discussion about youth development... the general characteristics that make an 8 year old and 8 year and not a 14 year old.

Each person will get the half sheet questionnaire (see below). In advance, code the half sheets so that there will be a way to identify 7 different ways to fill out the sheet. Share that if your sheet has a _____ code, you will answer the questions for yourself based on this age.

What were YOU like when you were in the following age group?

7-8 year olds

9-10 year olds

11-12 year olds

13-14 year olds

15-16 year olds

17-18 year olds

19-21 plus year olds

Ages and Stages of Youth Development

When I was _____

I looked like _____

My best friend was _____ because _____

My favorite way to spend time was _____

The adults in my life were _____

When I thought about my future, I felt _____

At this age, I felt about myself: _____

Ages and Stages of Youth Development

When I was _____

I looked like _____

My best friend was _____ because _____

My favorite way to spend time was _____

The adults in my life were _____

When I thought about my future, I felt _____

At this age, I felt about myself: _____

After everyone has individually completed the sheet, have them find everyone else in the room that had the same age group. All the 8–10-year-olds together, the 11-12 year olds together, etc.

Have them share what they wrote about themselves with their group. Give enough time so each group member can be part of the conversation.

Supply each group with a piece of flip chart paper and markers. Have the group draw what their aged person looks like. Give them 10 minutes or so to complete the drawing.

Then, have a spokesperson from each group, report about their age group. Teaching EVERYONE about that specific group.

As the facilitator, share the generalizations- there are some included in the PowerPoint that accompanies this sheet, and then move on to the next age. Point out about clothing, accessories, size, etc.

When you get the last group- 19 plus, ask why that was included to the group because that probably is the category staff fall into. Use this time to share that being a camp staff person is a tough job, It is a significant change from college life or work life.

After the presentations, give each group the following question to talk about and then share with the big group. Again, have a report out that will teach the entire staff group about the particular age group.

Ages and Stages- Problem Solving

7-8 years	how do they clear the table... how do we get them to clear the table
9-10	change clothes in the cabin
11-12	approach the music party
13-14	talk about S-E-X
15-16	deal with conflict
17-18	think about the future
19-21	how is camp life different than “regular” life