



WALK | ARTHRITIS  
FOUNDATION

[letsmove.together.org](http://letsmove.together.org)

# Arthritis Walk Sponsorable Items

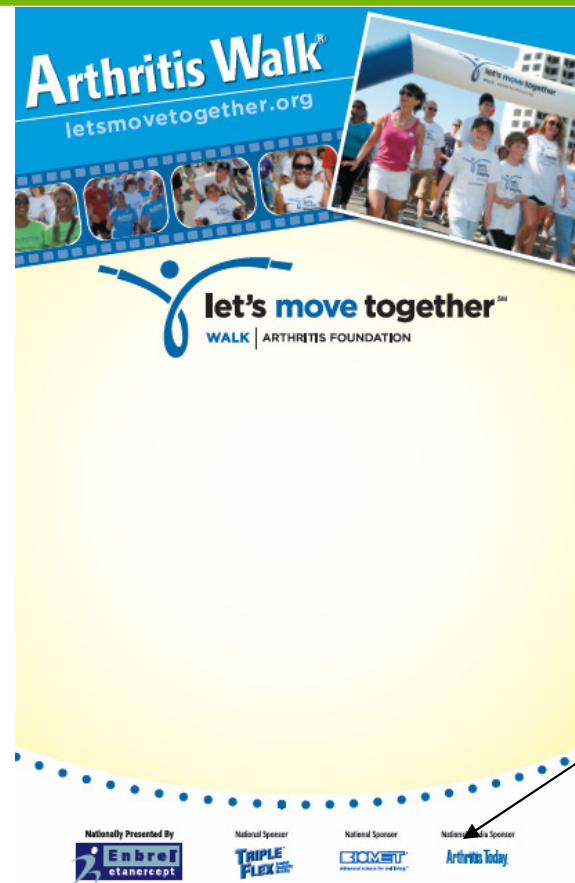




Arthritis Walk Participant T-Shirt

Logo across front of shirt

Left Sleeve Imprint



Arthritis Walk Poster

Logos at bottom of poster





## Thanks to Our National Sponsors

ARTHRITIS WALK  
Nationally Presented by



National Sponsor



National Sponsor



National Media Sponsor



[letsmove together.org](http://letsmove together.org)

2009 National Sponsor Banner for all event sites

(300 banners)





I'M WALKING IN HONOR OF

letsmove together.org



2009 In Honor of Sticker – Logo placed at bottom of sticker



# Arthritis Walk<sup>®</sup>



**let's move together<sup>SM</sup>**  
WALK | ARTHRITIS FOUNDATION

letsmovetogether.org

In the United States alone, more than 46 million adults and nearly 300,000 children are living with arthritis – the nation's most common cause of disability. Arthritis is a serious and sometimes deadly disease, but walking as little as 10 minutes three times a day can ease joint pain, improve mobility and reduce fatigue. So why not get moving today?

**You Can Make a Difference**  
*Let's Move Together* is a nationwide movement led by the Arthritis Foundation that encourages people to move to prevent or treat arthritis. You can join the movement by committing to walk in your local 2009 Arthritis Walk. *Let's Move Together* to improve the quality of life for the 46 million people living with this debilitating disease.

**Build your team today!  
Visit [letsmovetogether.org](http://letsmovetogether.org)  
or call 877-232-2898.**



ARTHRTIS WALK  
Nationally Presented by

National Sponsor

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2009 National Arthritis Walk Localized Ad – Logo at bottom of ad

# Arthritis Walk<sup>®</sup>



**let's move together<sup>SM</sup>**  
WALK | ARTHRITIS FOUNDATION

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ARTHRTIS WALK  
Nationally Presented by

National Sponsor

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National Media Sponsor



Chapter Sponsors

**ARTHRTIS FOUNDATION<sup>®</sup>**  
Take Control. We Can Help.<sup>™</sup>

**let's move together<sup>SM</sup>**  
WALK | ARTHRITIS FOUNDATION

letsmovetogether.org

2009 Localized Billboards – Logo placed at bottom or to the side

**ARTHRITIS**  
FOUNDATION®  
Take Control. We Can Help.™

**let's move together**™  
WALK | ARTHRITIS FOUNDATION  
letsmovetogether.org

Arthritis Today magazine ads – Logo at bottom of ad; About our Sponsors lists logos

Let's Move Together and join the Arthritis Walk® today!  
Find out about Arthritis Walks In Your Area!

Let's Move Together is a nationwide movement led by the Arthritis Foundation that encourages people to move to prevent or treat arthritis. You can join the movement by committing to walk in your local 2009 Arthritis Walk and moving daily for better health. Visit [www.letsmoveogether.org](http://www.letsmoveogether.org) today to join the movement and start moving with these great tools and resources!

- Visit [www.letsmoveogether.org](http://www.letsmoveogether.org) to use:
- Movement Tracker
  - Message Boards & Blogs
  - Podcasts
  - Arthritis Walk Volunteer Resource Center

## BUILD YOUR ARTHRITIS WALK® TEAM TODAY!

- Register now — You can register online at [www.letsmoveogether.org](http://www.letsmoveogether.org) or contact your local chapter at 1-877-232-2898 to build or join a team.
- Start fundraising today! Take advantage of online fundraising to build your own Web page. Send messages to all your friends and family asking them to join your team and support you in your fundraising efforts.
- Double your money by asking your company and donors if they have a matching gift program.
- Walk for a teammate with arthritis or in honor of a friend or family member with arthritis.



Team Paul's People from Lake County, Illinois is one of the top 10 fundraising teams for the Arthritis Walk.



### Moving Together at the Arthritis Walk

**How to join:** Let's Move Together's supportive, life-changing movement is a challenge for walking with arthritis. Let our online message board help you find a local chapter or contact us at 1-877-232-2898.

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**Build your Arthritis Walk team today!**  
Visit [letsmoveogether.org](http://letsmoveogether.org) or call 877-232-2898.

**Arthritis Today Magazine Ad:** Faces of Arthritis: Move With This Year's Honorees. Meet millions of people in every age range. People like you who are taking steps to live better with arthritis. They're the ones who are taking steps to live better with arthritis. They're the ones who are taking steps to live better with arthritis.



Let's Move Together is about the small, everyday steps that lead to big changes. By joining the Arthritis Walk and Let's Move Together today, you're taking the first step toward a lifetime of physical activity. You are also taking control of your arthritis by getting outside and connecting with others who are making a difference in the fight against arthritis. Research, education and support are all part of the Let's Move Together program. For advice on how to get started, visit [letsmoveogether.org](http://letsmoveogether.org).



**ABOUT OUR SPONSORS**

letsmoveogether.org

**National Arthritis Walk Sponsors**  
The Arthritis Foundation extends its sincere appreciation to the sponsors of the 2009 Arthritis Walk. These sponsors play a vital role in furthering the Foundation's mission to improve the lives of people with arthritis.

**Amgen® and Wyeth®**, co-marketers of Enbrel®, are the National Presenting Sponsors for the 2009 Arthritis Walk. This is Enbrel's second year as National Presenting Sponsor.

**Biomet** returns for the third year as a national sponsor of the Arthritis Walk. Biomet is a worldwide leader in the design and manufacture of products for joint replacement. Biomet encourages you to talk to your doctor about options that could help you get back to living and keep you active.

**Nature Made® TripleFlex®**, a leading consumer-focused joint health supplement, returns as a national sponsor of the Arthritis Walk®. Team TripleFlex is dedicated to helping people with arthritis lead active, mobile lives and will continue to encourage people to sign up and get involved with the Arthritis Walk via their website, [www.TripleFlex.com](http://www.TripleFlex.com).

We are proud to have **Arthritis Today** magazine as a National Media Sponsor of the Arthritis Walk. Arthritis Today is devoted to empowering people with arthritis through the latest health news and practical information on nutrition, exercise, medication and weight control. Arthritis Today is encouraging readers to participate in Arthritis Walk events in their local communities.

# Arthritis Walk



In the United States alone, more than 46 million adults and nearly 300,000 children are living with arthritis – the nation's most common cause of disability. Arthritis is a serious and sometimes deadly disease, but walking as little as 10 minutes three times a day can ease joint pain, improve mobility and reduce fatigue. So why not get moving today?

### You Can Make a Difference

**Let's Move Together** is a nationwide movement led by the Arthritis Foundation that encourages people to move to prevent or treat arthritis. You can join the movement by committing to walk in your local 2009 Arthritis Walk. **Let's Move Together** to improve the quality of life for the 46 million people living with this debilitating disease.



Tammy Christensen and Dr. Graff from Team Graff-Radford, Southern California Chapter.

#### Start moving today.

Visit [www.letsmoveotogether.org](http://www.letsmoveotogether.org), call 877-232-2898 or mail the enclosed registration form to sign up for your local 2009 Arthritis Walk.

**Build your team or join a team.** Ask everyone you know to join your team. Get your company involved or recruit friends and family members to form a team.

**Set fundraising goals.** Start fundraising today. Take advantage of online fundraising tools and build your own 2009 Arthritis Walk Web page. Ask your company and donors if they have a matching gift program.

**Walk for a cure.** Choose from one-mile or three-mile (5K) courses and walk for a teammate, friend, family member or the 46 million people living with arthritis everyday.

Let's Move Together to prevent and treat arthritis. Sign up for the 2009 Arthritis Walk by visiting [letsmoveotogether.org](http://letsmoveotogether.org)



### LIAM MCGLONE AND JULIE RHYNE 2009 NATIONAL WALK HONOREES

Arthritis affects millions of people in every age range. People like eight-year-old Liam McGlone, who hardly remembers what life was like before he was diagnosed with juvenile arthritis at the age of four. But through it all, he continues to smile and bring hope to others.

Julie Rhyne can relate. Living with rheumatoid arthritis since she was a child, this vibrant 34-year-old remains upbeat and positive despite the difficulties and pain she faces in her day-to-day activities.

Together, Liam and Julie represent the millions of people living with arthritis, and as national honorees for the 2009 Arthritis Walk, they courageously help the Arthritis Foundation raise funds to support research and programs in the prevention, control and cure of arthritis.

# Arthritis Walk



Let's Move Together to prevent and treat arthritis. Sign up for the 2009 Arthritis Walk by visiting [letsmoveotogether.org](http://letsmoveotogether.org)



### LIAM MCGLONE AND JULIE RHYNE 2009 NATIONAL WALK HONOREES

Arthritis Walk Brochure -

Logos on bottom of brochure



### 2009 Arthritis Walk® Registration Form

Event Location \_\_\_\_\_  
 I am walking as an individual     I am a member of a team  
 Team Name \_\_\_\_\_  
 Team Captain's Name \_\_\_\_\_  
 First Name \_\_\_\_\_ MI \_\_\_\_\_  
 Last Name \_\_\_\_\_  
 E-mail \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
 Company \_\_\_\_\_  
 My company has a matching gift program.  
 Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender:  F  M  
 Ethnicity \_\_\_\_\_  
 I have arthritis. Please reserve a blue "Hero" hat for me!  
 What type of arthritis do you have? \_\_\_\_\_  
 Has your arthritis ever been diagnosed by a doctor?  Yes  No  
 I'd like to become an Arthritis Foundation advocate.  
 I would like to volunteer for the Arthritis Foundation.  
 I would like more information about arthritis and the Arthritis Foundation.  
 T-shirt sizes:     S     M     L     XL     XXL     XXXL  
                            YS     YM     YL  
 I am unable to participate, but would like to support the fight against arthritis.  
 My contribution is \$ \_\_\_\_\_  
 How did you hear about this event? \_\_\_\_\_  
 I have participated in the Arthritis Walk before.  
 I am a dog owner.    Dogs Name: \_\_\_\_\_

Waiver/Signature \_\_\_\_\_  
Waiver Release: I hereby certify the following: (1) I am physically fit and have received medical clearance to participate in the Arthritis Walk®. (2) In consideration of my application to participate in the Arthritis Walk® being accepted, I, on behalf of myself, my heirs and assigns, and my estate, hereby waive and forever discharge the sponsors, organizers, affiliates, as well as their agents and employees from any and all claims that may accrue as the result of my participation. (3) I hereby grant the Arthritis Foundation specific permission to reproduce, publish, circulate, copyright or otherwise use any and all photographs and/or video of me and/or my family, taken at the Arthritis Walk®, for use by the Arthritis Foundation.

### 2009 Arthritis Walk® Registration Form

Event Location \_\_\_\_\_  
 I am walking as an individual     I am a member of a team  
 Team Name \_\_\_\_\_  
 Team Captain's Name \_\_\_\_\_  
 First Name \_\_\_\_\_ MI \_\_\_\_\_  
 Last Name \_\_\_\_\_  
 E-mail \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

HOME  
LET'S MOVE TOGETHER  
ARTHRITIS WALK  
ABOUT ARTHRITIS  
OUR COMMUNITY  
WAYS TO MOVE

let's move together  
WALK | ARTHRITIS FOUNDATION

JOIN  
Let's Move  
Together

Home > Arthritis Walk > Volunteer Resource Center > Fundraising Tips

## Fundraising Tips

Use these tools to help maximize your fundraising efforts. This section includes instructions for online fundraising, personal letter writing campaigns and talking points on where the money goes.

Downloadable Tools

- Fundraising Tips
- 2009 Fundraising Guide
- Online Fundraising Tips

NATIONAL ARTHRITIS WALK SPONSORS

Nationally Presented by: Enbrel etanercept  
National Sponsor: TRIPLE FLEX  
National Sponsor: COMET  
National Media Sponsor: Arthritis Today

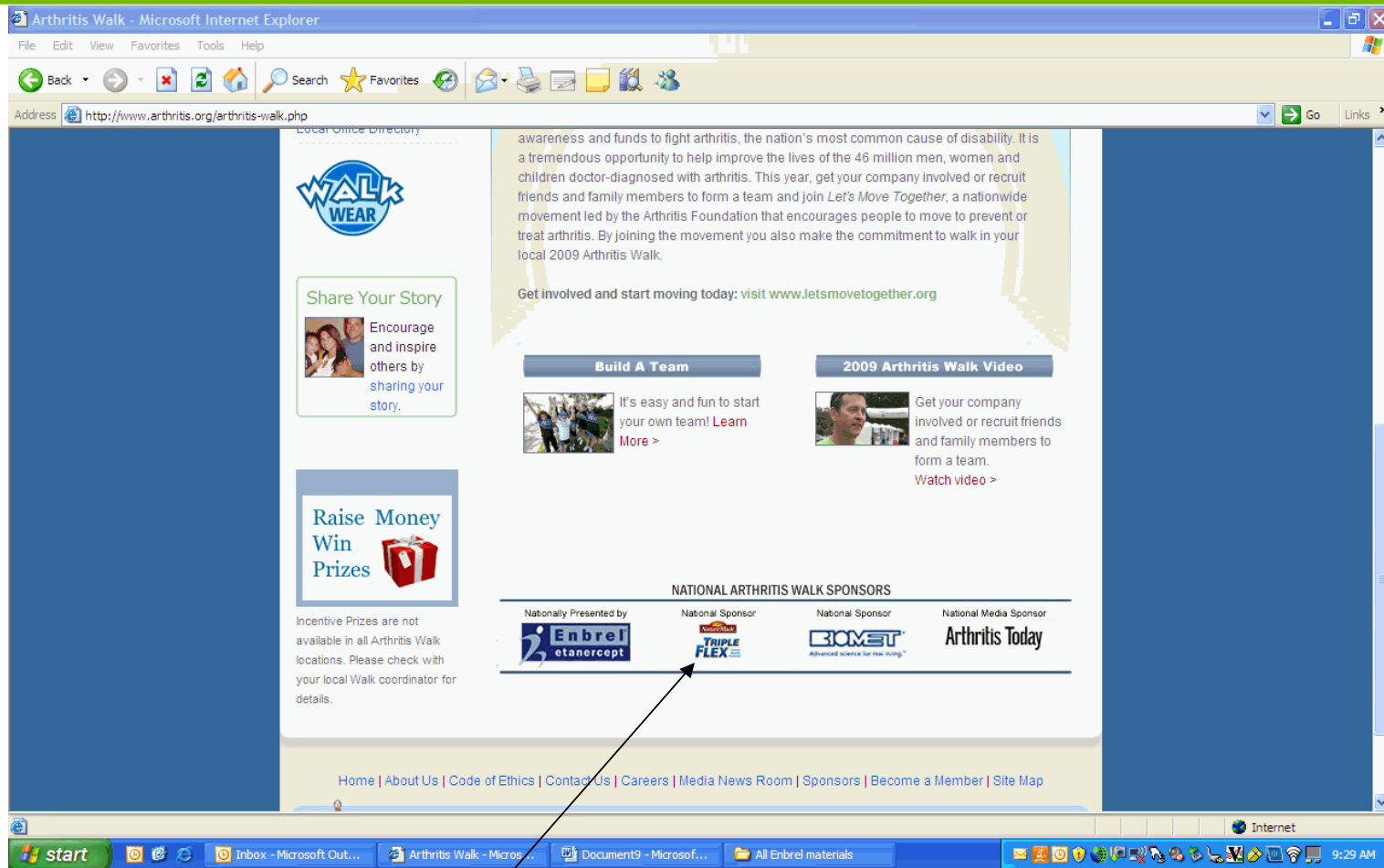
Share Your Story  
People find hope and encouragement in inspirational stories written by those

2009

letsmovetogether.org –

Logo placed at bottom of pages and/or near the top





Arthritis.org Arthritis Walk Page – Logo on bottom of page





Let's move together  
to prevent arthritis



show  
us your  
moves

Show Us Your Moves

Information

- Home
- About Us
- Event Details
- View Our Sponsors
- National Teams
- Getting Started
- Take an Extra Step
- AOII Instructions
- Win Prizes for your fundraising
- Get ideas from our Fundraising Guide

Arthritis Walk Nationally Presented by

**AMGEN** **Wyeth**

National Sponsor

National Sponsor

National Sponsor

**Nature Made**  
**TRIPLE FLEX**

**3COM**

**Arthritis Today**

Cha Ching Meter : \$260,720

**2009 Arthritis Walk - Atlanta, GA**  
**May 2nd at Atlantic Station**



Help

Email this site  
to a friend

Friends Asking Friends

Special Thanks to:



Top Fundraisers

1. [Leslie Anne Benner](#)
  2. [Robert Shaw](#)
  3. [Gabrielle Gabrys](#)
  4. [Pamela Mitchell](#)
  5. [Peggy Prescott](#)
- >> search

Group Rank

1. [Team Take Contr...](#)
2. [Juvenile Arthri...](#)
3. [Resurgens Ortho...](#)

2009 National Arthritis Walk  
Fundraising pages for all participants –  
Logos at the top of every Arthritis Walk  
Kintera Homepage



letsmove2gether.org



**Celebrate your achievements! You've made an impact with Arthritis Walk 2009.**

Dear Annie,

Thank you so much for your participation in Arthritis Walk 2009.

The funds you raised are critical to our ongoing commitment to research, medical advancements and community programs designed to improve the lives of people with arthritis.

The public awareness you raised is vital in getting our message heard. Truly, we couldn't do it without you!

We hope you found inspiration while making such an important contribution to our fight against this dreaded disease. Your support of the Arthritis Foundation is essential in helping us fund research and find advances in treatments for arthritis pain.

Please [check with your local chapter for upcoming 2009 events scheduled in your area](#). By participating in local events, raising funds and/or volunteering your time, you can make an even bigger impact in the fight against this debilitating disease.

Again, thank you, and *Let's Move Together* to make a difference to millions of Americans suffering from arthritis.

### Movement Tracker



If you haven't already, make exercise a regular part of your daily routine with the special *Let's Move Together* Movement Tracker.

[Start using this FREE tool!](#)

### Featured Podcast

### Mover of the Month

Zachary Fuhrer, 12  
Carrollton, OH



"My son Zachary has been diagnosed with JRA for almost 9 years now. He spent a whole year running a fever - a high fever - once a month." [Continue reading...](#)



Get motivated to move! Check out our newest podcast. [Listen now!](#)

### Delta Airlines Ticket Giveaway!



There's still a week and a half left! For every \$500 you raise by June 15, 2009, you'll be entered to win **FREE Delta airlines tickets!** The more you raise, the more chances you'll have to win! [Click here for details.](#)

### Inspire and Empower

Personal stories can often provide motivation and inspiration for others. Share your story with the *Let's Move Together* community and inspire others!

[Share your story.](#)

### National Arthritis Walk Sponsors



Please add [arthritisfoundation@arthritis.org](mailto:arthritisfoundation@arthritis.org) to your address book to make certain that you receive your deliveries from the Arthritis Foundation in a timely and consistent manner.

Let's Move Together E-Newsletter – Logo at bottom of E-mail

