
Calling The Shots

September 2019



Diabetes Camp - What Does It Mean to You?

When I first read Kayla's message to you (see below) I was taken back to 1988. You see Kayla reminded me of when my young daughter first went to diabetes camp. We were struggling parents who wanted our child to learn how to give her first shot. However, it was very difficult for us to trust people whom we didn't know with the care of our child. We reluctantly left her after being lovingly persuaded by Zula and Joe Walters following a 2 hour conversation. Little did we know what diabetes camp would do for her or for our family! Our daughter came home with a joy that we had never before seen, a spirit of acceptance of her challenge (yes, diabetes can be a challenge) and an independence that we had only dreamed of.

Diabetes camp gave our family hope. We learned that people with diabetes can live happy, health and productive lives. We learned that diabetes should not hold our children back from their dreams - although our daughter's high school trip to Europe without us tested this a little. :) Diabetes camp has given us a multitude of friends whom we love. Perhaps more than friendship, diabetes camp has given us a family. A family on which we know we can always depend.

What has diabetes camp done for you? I encourage you to read Kayla's full article below by clicking on "Read More". She beautifully shares how diabetes camp has impacted her life.

Terry

Camp Through a Child's Eyes

By Kayla Phillips

My name is Kayla. I am 11 years old and live in



Boise, Idaho. I was diagnosed with type 1 diabetes at the age of 6. I have attended Camp Hodia for 4 years. The past three years I have attended Hodia Kids Camp. You can go to Kids Camp in 3rd-7th grade. There is also Hodia Shooting Stars, a day camp for kids ages 4-8 years old.

I believe its important for kids to go to camp so they don't feel like they are the only one with diabetes. I love camp!!.

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WELCOME TO CAMP CAROWANIS! MEMBER OF DECA QUEBEC – CANADA



Where we were, and where we are going!

1958 ...

Camp Carowanis was born out of the concerns of a small group of visionaries – doctors and parents – who truly believed that children living with 'juvenile diabetes' should share the experience of attending a summer fun-filled camp experience, in a safe environment. Engaged in a well-rounded program of sports and social activities they could benefit from teachable moments to gain autonomy, self-confidence and support each other. Parents might also benefit from a bit of respite.

... 2019

Camp Carowanis now spreads over more than 165 acres amidst the forest on the shore of Lake Didi, Sainte-Agathe-des-Monts, in the Laurentians. Carowanis has changed the lives of countless youngsters facing the daily multiple challenges of living with type 1 diabetes.

[READ MORE](#)



Dr. William Polansky
Keynote Speaker
DECA 2020 International Diabetes
Camping Conference
February 9 & 10, 2020
San Diego, California



A licensed clinical psychologist and certified diabetes educator, Dr. Polansky is a distinguished national and international lecturer on behavior diabetes issues. An active researcher in the field of behavioral diabetes, he has served on the editorial boards of *Diabetes Care*, *Diabetes Forecast*, *Clinical Diabetes*, *Diabetes Self-Management* and *Diabetes Health*. His most recent research projects have focused on quality of life in diabetes, diabetes-related distress and depression, hypoglycemic fear, blood glucose monitoring behavior and attitudes in people living with diabetes, physician and lay attitudes towards insulin and oral medications, group-based behavior change programs, the influence of continuous glucose monitoring on quality of life, and emotional and behavioral responses to the diagnosis of diabetes.

Join us at DECA's 2020 International Diabetes Camping Conference and hear Dr. Polansky address the unmet psychological needs of youth with diabetes and the role that diabetes camps play in supporting them.

[2020 International Diabetes Camping Conference](#) [Learn More](#)

[Call for Conference Presentation Proposals](#) [Online Submission](#)

[DECA 2020 Camp Training Needs Survey](#) [Take Survey](#)

Impactful DECA and JDRF Leader

News from Nicole Johnson

Hey, Friends!

Wow, how time flies! It's amazing that first of all it's been over a quarter century since my type 1 diabetes diagnosis. But of all that I've done since then, it's notable that September marks my 20th

anniversary of serving as Miss America 1999.

Actually, it has been 21 years since that Miss American crowning (on Sept. 19, 1998), but that began my time traveling the country advocating on diabetes and sharing my story with T1D, and it's led to many other things in my life related to diabetes.

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Staying Up To Date So Kids Can Make The Most Of Summer Camp

By Benjamin Page - Originally published in Diabetes Forecast

...“It’s changing every day,” says Carla Cox, PhD, RD, CDE, medical director for ADA Camp Colorado. She remembers backpacking with kids during her early years as a coordinator. “We stopped every half hour.” As more kids embrace CGMs, campers can keep an eye on their levels in real time and prevent lows without pausing. “That’s the beauty of technology. It’s so much easier to do things outdoors.”



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Young Adult Conference

**OCTOBER 12-13, 2019
ORLANDO, FL**

Join us for an unforgettable weekend of networking, learning and connecting with other young adults (ages 18-30) living with type 1 diabetes.

REGISTER TODAY:
www.jdrf.org/conference

JDRF IMPROVING LIVES. CURING TYPE 1 DIABETES.



[READ MORE & REGISTER](#)

Exciting News - Insulet’s Omnipod DASH™ System Now FDA Cleared as an Alternate Controller Enabled

(ACE) Infusion Pump”



Insulet Corporation announced this week that it has received clearance from the U.S. Food and Drug Administration (FDA) for an Alternate Controller Enabled Infusion Pump (ACE Pump). This allows Insulet to market its Omnipod DASH™ Insulin Management System (Omnipod DASH System) as an integrated insulin pump (Omnipod DASH ACE Pump), allowing it to be a part of an interoperable automated insulin

delivery (AID) system, such as the Company's Omnipod Horizon™ Automated Insulin Delivery System.

[Read More](#)

GVOKE Glucagon Receives Regulatory Approval



NEW GLUCAGON: A big moment is here for our diabetes camping and broader community, as Xeris Pharmaceuticals has received FDA clearance on a brand-new form of emergency glucagon that can be used in the case of severe hypoglycemia. The company received regulatory OK on Sept. 10 for its [GVOKE glucagon formulation](#), which will come in both a prefilled syringe as well as an emergency, one-time use rescue pen that is similar to an EpiPen but for diabetes low blood sugars. GVOKE is approved for ages 2+, and both the prefilled syringe and auto-injector will come in a .5 mg dose for children and a 1 mg dose for adolescents and adults. Xeris plans to introduce the Prefilled Syringe (PFS) option first in late 2019, and the HypoPen auto injector will follow in 2020. There will also be financial assistance available in certain circumstances. This FDA decision follows the July approval of [Eli Lilly's BAQSIMI nasal glucagon](#), which is a powder form of glucagon that can be puffed up the nose for quick glucose-boosting for hypos. Both Xeris and Eli Lilly are an industry partners of DECA, and we're eager to see the two companies move forward on advocacy as it relates to glucagon use at diabetes camps, and also making sure that schools and paramedics are able to access these products. You can read [more information here](#).

Combined Federal Campaign

Did you know that the Combined Federal Campaign (CFC) is the world's largest and most successful annual workplace charity? DECA is honored to be a CFC recognized charity. We invite individuals who participate in the CFC to partner with DECA in our work to improve the lives of children and youth with diabetes. Please designate your gift to DECA by selecting CFC code # 92589.



[Join DECA Now](#)

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The Diabetes Education and Camping Association is registered to conduct business in the State of Florida. A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling toll-free 1-800-435-7352 within the State. Registration does not imply endorsement, approval, or recommendation by the State.