
Calling The Shots

November 2019



Diabetes Camp - What Does It Mean to You?

Friends,

Have you ever stopped to think about the *good* that diabetes has brought into your life?

Our diabetes journey started in a hospital, continued under the care an endocrinologist and along the way made a side trip to diabetes camp. That day changed the life of my child, my family and myself forever!

When I think back to July 17, 1981 and the shock and fear that my wife and I experienced when our eleven month old daughter was diagnosed with T1D, I never imagined how this quite challenging health condition would enrich our lives.

I consider that diabetes is responsible for the good health that our family enjoys. Diabetes taught us to be thoughtful about what we eat, physically active, utilize medication when necessary and strive to balance the stress in our lives. Diabetes also taught us that we should live our lives with a spirit of "I can do!" It has filled our lives with friends. These friends are the truest kind and stick with us during the troubling days that we sometimes encounter, as we do for them.

People are the heart of diabetes camp. Certainly the children are at the center. The staff, volunteers, donors and our advocates keep the heart of camp beating.

As I celebrate World Diabetes Day, I thank all of you for the blessing that you are to all those whose lives are made better by diabetes camp.

Terry Ackley



world diabetes day
14 November

Diabetes Camps Improve the Lives of Children and Youth Living with Diabetes!

Celebrate World Diabetes Day by [Helping a Child Learn How to Live Well with Diabetes!](#)

[Learn More](#) [Find A Diabetes Camp](#)



Processing Camp as a Teenager

By Savannah Martin

Hi, my name is Savannah Martin. I'm sixteen years old and a sophomore in high school. I've lived my life for the first 14 years without any knowledge of what *diabetes is*; then on May 17, 2018 I found myself in the I.C.U. with a blood sugar of 525. The doctors told me that I was in ketoacidosis so I had to be put on an insulin drip. Ketoacidosis is a process where the body starts breaking down fat at a rate that is much too fast.

[Read More](#)

**2020 International Diabetes
Camping Conference
February 9th & 10, 2020
San Diego, California, U.S.**

"The Power of Connecting"

DECA's International Diabetes Camping Conference is the principal assembly of camp executives, medical camp support professionals, camp directors, youth development professionals, program staff and others associated with diabetes camps from around the world. It convenes annually presenting outstanding speakers who address topics relevant to the health care of children with diabetes, the non-medical supervision and care of children at the camp, the delivery of recreation and program activities and the the operation and management of diabetes camping organizations.

Experts in the areas of diabetes health, youth programming and organization management offer essential best practice sessions specifically suited to the diabetes camping community. Keynote session speakers motivate and inspire attendees at general sessions.

Keynote speakers for the upcoming conference include [William Polonsky](#),



[PhD,CDE, Bruce Buckingham, MD](#) and [Eriz Tozer](#).

The conference planning committee is currently finalizing the selection of breakout session speakers. A listing of selected presentations will be posted on the DECA Conference web page by the end of next week.

Join us at the 2020 International Diabetes Camping Conference and experience "The Power of Connecting" with others providing leadership to the diabetes camping community!

For more information including registration and lodging information go to:

[DECA 2020 International Diabetes Camping Conference.](#)

Overcoming Obstacles to Inspire

Eric Tozer made history, becoming the first person with type 1 diabetes to complete the world marathon challenge, running 7 marathons on 7 continents in 7 consecutive days.



He was diagnosed with T1D in 2006, while traveling in Europe. He had the classic symptoms of diabetes including constant thirst, increased appetite, frequent urination, blurred vision, lethargy and weight loss. Eric had always lived a very active and healthy lifestyle, so the sudden 20-pound weight loss made him aware that something was seriously wrong. Upon returning home, a visit to his doctor revealed the devastating and life changing news of his diagnosis. Eric's life was quickly turned upside down: checking his blood sugar levels up to 10 times a day, calculating carbohydrate intake and taking varying units of insulin shots with every meal.

But Eric wasn't going to let diabetes control his life and decided to take charge. Soon after his diagnosis, he completed his first half Ironman and hasn't stopped since. He co-founded non-profit organization, Diabetes Sports Project, comprised of hundreds of T1D athletes around the globe, demonstrating how through proper diet, exercise, a positive outlook and effective blood glucose management, dreams can be achieved.

Listen to Eric as he shares his story of courage, achievement and inspiration at DECA 2020 International Diabetes Camping Conference.

Kevin Kaiserman, MD Valued DECA Board Member

DECA is thankful for the leadership and commitment to children with diabetes that Dr. Kevin Kaiserman demonstrates. He works with children and adolescents with T1D in private practice in the Los Angeles area. He has served as Medical Director and Board Member of Diabetes Camping and Education Services (Camp Conrad Chinnock) for many years.



Kevin is a fantastic camp doctor. He fully understands diabetes management including the most current technologies. He is loved by his patients and the Camp Conrad Chinnock family. He has fun at camp!

Kevin has provided sound guidance as a DECA Board Member and has positively impacted the direction and success of our organization. We are grateful for his service!

Combined Federal Campaign

Did you know that the Combined Federal Campaign (CFC) is the world's largest and most successful annual workplace charity? DECA is honored to be a CFC recognized charity. We invite individuals who participate in the CFC to partner with DECA in our work to improve the lives of children and youth with diabetes. Please designate your gift to DECA by selecting CFC code # 92589.



News from DECA's Mission Partners

FDA approves Fiasp® for Use in Insulin Infusion Pumps for Adults with type 1 or type 2 diabetes

Novo Nordisk recently announced that the U.S. Food and Drug Administration (FDA) has expanded the label for Fiasp® (insulin aspart injection) 100 u/mL to include use in insulin infusion pumps for the improvement of glycemic control in adults with type 1 or type 2 diabetes.¹ Fiasp®, a rapid-acting insulin, was approved by the FDA in 2017 for use by intravenous infusion under supervision by a healthcare professional or by subcutaneous multiple daily injection (MDI) in adults with diabetes.



[Read Full Press Release](#)

Enrique Conterno, Senior Vice President and President of Lilly Diabetes and Lilly USA, to Retire at End of Year; Mike Mason to Succeed Conterno

Eli Lilly and Company recently announced that Enrique Conterno, senior vice president of Lilly and president of Lilly Diabetes and Lilly USA, will retire at the end of the year after 27 years of service with the company. Mike Mason, who currently serves as senior vice president, connected care & insulins, will succeed Conterno.

[Read Full Press Release](#)

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approval, or recommendation by the State.