



Calling The Shots March 2019

Exciting Preparation Taking Place for 2019 Diabetes Camps!

Dear Friends,

Can you imagine how it feels to be surrounded by people who selflessly love others, give generously of their time, talents and resources and have a deep passion for helping children thrive with diabetes? It is wonderfully amazing! This is what I observed when DECA recently convened its 2019 International Diabetes Camping Conference. Diabetes camping leaders from throughout North America were in attendance, as well as diabetes camping professionals from Bermuda and Brazil. The conference was much more than a time of renewing old and making new friendships, it was also a time of learning and sharing.



[READ MORE HERE](#)

DECA's 2019 International Diabetes Camping Conference Keynote and Session Videos Now Available for Viewing

We appreciate the generosity of dear friends who provided funding for the audiovisual recording of several of our conference keynote presentations and breakout sessions. The recordings are available to DECA Members on the DECA website under "For Camp Staff" in the "Resource Library".



The conference recordings include:

"Sensors, Pumps And Closed-Loop Technologies – What Will be Coming To Camp Within The Next Few years", Bruce Buckingham, MD & Rayhan Lal, MD

"Why Camp Experiences Are More Essential Than Ever Before For Every American Youth, Teen and Young Adult", Tom Rosenberg, BS, MBA

"Change And Innovation To Engage And Keep Youth Involved", David Bryfman, PhD

"How To Utilize Advances In Diabetes Technology At Camp, FDA Approved And Unapproved", Rayhan Lal, MD

"Recognizing Opportunities To Get Your Piece Of The Diabetes Pie", Bill Vierbuchen, BS & Jenna White, BS

"Diabetes Toolbox, Basics Of Diabetes Management At Camp", Abby Hollander, MD, Vick Moran, PhD, RN, CNE, CDE, PHNA-B, TNS, Stephanie Kassels, DNP, FNP-BC, CDE, Carla Cox, PhD, RD, CDE, DPT, Kelly Mueller, MS, PMP & Emily Fay, BASc.

"An The Oscar Goes To...", Kat Shreve, BS & Theresa Tucker, PhD

When you open the Resource Library tab you can search for the videos under the listed categories, Administrative Resources, Medical Resources and Program Resources. Or you can use the keyword search inputting a word from the session title or the word "conference".

New Log In Instructions for Members Using the DECA Website



With the recent conversion to a new website, DECA Members need to create a new User Account in order to access the resources that are available. To create a User Account go to [Registration](#) and create your username. Then enter the email address associated with your DECA membership. After you submit the registration form, you will receive an email address with a link you can use to log-in and set your password. Once you have set-up your account, you will be able to access the Members-Only Resources as well as manage your personal profile by clicking the "Howdy" link in the top-right of the website after you have logged-in. Please contact info@diabetescamps.org if help is needed.

2019 DECA Webinar Series

Join us for our first four informative and helpful training webinars addressing topics relevant to the medical care of campers, staff development and water safety.



"ADA Diabetes At Camp: Medical Basics Training for Staff When A Child With Diabetes Is In Your Care At Camp"

Carla Cox, PhD, RD, CDE, CPT

April 16, 2019 7 PM EDT

Camp medical staff have had to evolve with the advances in technology with little direction. To stay ahead of the curve, the American Diabetes Association led an initiative to create a document that addresses *Best Practices for the use of Diabetes Technology at Summer Camps*. Each of the current insulin pumps and continuous glucose monitoring systems on the market are outlined, reviewing basic facts and including common actions for a camp setting staffed with licensed medical professionals.

[Register Now](#)

Our thanks to the American Diabetes Association for co-hosting this webinar.

[VIEW MORE WEBINAR OPPORTUNITIES](#)

DECA Web Platform and Listserv Fosters Discussion

We're excited to feature a new web platform and listserv for our diabetes camps to connect and engage. Using the Basecamp platform online, we are already learning from those within the diabetes camp community and engaging in discussions on various topics – from professional development to the more controversial policy debate on whether camp staff can be restricted based on elevated A1C numbers and their personal diabetes management. (Hint: the American Diabetes Association says "no!" that's not OK.)

Our first listserv interest group is named the "Leadership of Outstanding Diabetes Camps. Now just recently in March, DECA is proud to launch a new channel specifically for medical staff at diabetes camps named "Medical Caregivers of Diabetes Camps". We invite members wanting to join an interest group to email info@diabetescamps.org to communicate their desire in being added to the group that is of interest to them.

DECA Diabetes Camps on Display at Lions Day with the United Nations!

We were thrilled to see Sarah Gleich, Executive Director of the Nevada and California Diabetes Association, testify at the 41st Annual Lions Day with the United Nations event in New York on March 9. She shared her personal diabetes story of being diagnosed more than three decades ago, first being sent to diabetes camp as a kid despite being an "uncampy camp" person, and the overall impact of these camps on those with diabetes. She shared that "Education, Access, and Support" are tools in her toolkit on managing all types of diabetes, peer support, and being involved in camping. "By no means am I ever a wilderness girl, to this day, however going out to diabetes camp setting where I wasn't comfortable needed to be done, because it was the best teaching tool I ever could have received." She encouraged Lions and LEOs to work with DECA and the more than 100 local diabetes camps across the world. This year's UN event shared a broad theme of "Protecting Our Future: The Health of Our Children," and it followed the milestone event in 2018 where DECA's Executive Director Terry Ackley testified about our organization and diabetes camps. Lions Club International Director Gary Brown offered an update on what's materialized since last year's event, noting that at least half of the 50 Lions members' surveyed since then have participated in a diabetes project -- whether it be diabetes health events with the public, connecting diabetes experts with local Lions' camps, or starting diabetes camps in the US or worldwide. He also noted that Lions Club International is working with the American Association of Diabetes Educators (AADE) and a Memorandum of Understanding (MOU) to present to the organization's full board later this year in order to serve underserved parts of the US on diabetes education jointly with Lions Club, school nurses, health professionals, and diabetes camps; as well as on advocacy on legislation and other initiatives impacting the diabetes community.



On a related note: The grant application portal to Lions Club International Foundation is now open and diabetes camps are welcome to apply. Grant-seekers will need to show evidence of collaboration with Lions, and should have a Lions governor or other authority send letters or agree to sponsor the application; grant-seekers may also increase chance of success if LCIF funding is matched by other sources.

[Diabetes Grants](#) [LCIF Diabetes Grant Application](#)

Watch Sarah and the full video at [Lions Day with the UN 2019](#).

Introducing DECA Board Member Mike Hoskins: How He is Changing D-Camp Views

To be honest, Diabetes Camp was not a magical experience for me growing up. When I was diagnosed back in 1984 and went to camp as a seven-year-old for the first time a couple summers later, my experience was clouded by homesickness and a mass mosquito attack that led to my never wanting to return. Sure, this was the place I learned how to actually inject insulin on my own for the first time. Not only in my leg and stomach while sitting on a tree stump, but one-handed injections into my arm all by myself with the help of a tree trunk. That's a skill that carried over to the rest of my diabetes life. But overall, that's the one good memory I have from the T1D camp experience growing up.



That's why it may seem odd that in my adult years, I've become such a fan and proponent of D-Camps. It's fascinating -- even to me -- that this "uncamper" could be converted so dramatically.

After not being a fan of diabetes camp for most of my life, adulthood has brought a changing view and I'm honored to have just recently joined the DECA Board of Directors in January 2019. This is a new hat for me in many ways, and since I have come to truly appreciate D-Camps, I am proud to wear it and eager to learn more about this whole diabetes camping world.

[READ MORE HERE](#)

Learning Outcomes Research on Healthcare Students Attending Camp

Several camps are planning to conduct a survey during the summer of 2019 on learning outcomes by healthcare students who attend camp. Plans are to include pharmacy, nursing and nutrition/dietetic students. Additional student populations (medical, physician assistant, etc.) may be added if sufficient numbers of students are available in participating camps. If you are interested in learning more about participation, please contact Dennis Pillion as soon as possible at: dpillion@uab.edu.



JDRF Retreat for Young Adults with Diabetes

The world's largest type 1 organization will be hosting a weekend of networking, learning and connecting on March 30-31, 2019, in Dallas, Texas. The annual JDRF Young Adult Conference delves into cutting-edge T1D research, new treatment options and much more information for young adults, ages 18-30 and their significant others (no parents allowed, though!). This will be held at the Dallas/Addison Marriott Quorum and more information is available online at [JDRF's Young Adult Conference](#).

Remembering Diabetes Camp

Advocate Ivy Lockett

We were sad to hear the news recently that longtime type 1 and diabetes camp advocate Ivy Lockett in Georgia had passed away. She died in 2018 of breast cancer at age 81. She was diagnosed as a 12-year-old girl in 1949 and later founded a diabetes camp named after her in that state. She served as camp director for 37 years before the camp closed down in 2014. Although there was talk of new life coming into the camp, it didn't materialize.



All of those who knew Ivy attest to how many lives she touched with her vibrant personality. The beloved Camp Ivy that bore her name began in the 1970s in her town of Fayetteville, GA. Years back, Ivy had said the inspiration to start a diabetes camp stemmed from how little Ivy knew about diabetes growing up. For most of her childhood years, she said there were no support groups or group activities, and even very little research that she knew of in her area. An important part of camp was that "Miss Ivy" (as her "Sweet Kids" call her) gave it to them straight, without any sugar-coating, so to speak. She was known for talking frankly to the children in plain truths, directly and honestly, in ways that medical professionals may not always do.

In 2011, Camp Ivy became an official non-profit -- something Ivy said wasn't needed for most of the years, because she had help from friends and companies who supported the camp financially. But eventually, that help started drying up because everyone started wanting a federal 501(c)3 number for tax write-offs. The last camp session was in July 2013, before an unexpected hiatus that proved to be the end in 2014. It was a blow for many in Georgia and beyond, especially those who are actively involved with diabetes camps nationwide and looked to Camp Ivy for inspiration through the years. Not only for what the camp is and does, but for the simple fact that Ivy Lockett herself was a veteran type 1 who brought a level of understanding and charm to the Southern D-Camp. Soon after making that decision, those in her Georgia D-Community and many of the kids and parents let her know how sad they were to hear the news, and they hoped to see Camp Ivy return. Ivy made an effort to restart the camp, but it didn't materialize. In an interview, Ivy said this: *"If I do nothing else in my life, at least I have done this -- something to help other people with diabetes."*

[READ MORE HERE](#)

See Don Run... And Raise Awareness on Diabetes Camps!

If you're interested in seeing a longtime type 1 run across Texas, then stay tuned for that to happen from March 24 to April 18. Texas man Don Muchow is making that 850-mile run by himself. His mission: to spread awareness among people living with type 1 diabetes about safe ways to mix physical activity, insulin, and food, and to empower fellow T1Ds of all ages to escape the cycle of over-treating lows and avoiding exercise often fueled by a fear of low blood sugars. Don was diagnosed with type 1 diabetes at 10, and despite gym teachers discouraging him from exercising at the time, he didn't listen. But in 2004 when he was in his early 40s, Don said he was overweight and not managing his diabetes well, and had started developing diabetes complications. That was a wakeup call to do better, and his first race was a 5K that his wife Leslie had signed up for. It took him an hour to run those 3.1 miles. It was a



start. He completed half-marathons and longer runs in later years, and then eventually he ran 223 miles from Austin to Corpus Christi. Now in 2019, Don is ready to run again. He's founded the T1Determined organization to raise awareness alongside his runs, and Don is planning a big 2020 event where he hopes to run across America! In the meantime, for his upcoming run, it'll start on Sunday, March 24 in San Jacinto Plaza in El Paso, TX and end on Thursday, April 18 at city hall in Texarkana, TX. As part of this effort, Don's raising awareness on the struggles our Diabetes Community faces in managing diabetes as well as raising funds and awareness about diabetes camps in Texas and Iowa, including Camp Bluebonnet, Camp New Horizons, Texas Lions Camp, Camp Sweeney and Camp Hertko Hollow.

More info on the run: [The #T1Determined Run Across Texas](#).

If you'd like to meet Don along the course of the run, you can email him directly at: donsolo@t1determined.org.

To find a diabetes camp near you, visit the DECA [Find a Camp](#) tool online.

DIABETES TECH NEWS

Dexcom®

We're excited to see that Dexcom has now updated its G6 CGM mobile app, allowing for up to 10 Followers (!) rather than just five as has been the case since the company first started offering data-sharing. This is a big change, one that's been requested for some time and will make a big difference for Diabetes Camps where counselors and med staff often need to be able to follow kids' CGM data at camp. We expect to see this on display during the 2019 camp season. Also, Dexcom has added the "Hey Siri, what's my glucose?" feature along with a 24-hour sensor expiration notification and other updates. We're excited to see these updates, and appreciate Dexcom for being one of DECA's current mission partners working to make a difference in the D-camping universe.

CONTINUOUS GLUCOSE MONITORING

[READ MORE HERE](#)

INSULIN ACCESSIBILITY NEWS

One of the services that DECA is proud to offer its community is information about where families can access insulin, as well as devices and supplies, if they are struggling financially.

One of the latest news releases is hot off the presses -- DECA mission partner Eli Lilly

announced on March 4 that it would be soon

be releasing a "generic" version of its Humalog insulin that would be 50% of the list price. This will be the same insulin as Humalog, but with a different label and named Insulin Lispro. It will be available for \$137.35 a vial and \$265.20 for a five-pack of KwikPens; compared to Humalog products that are much more expensive. Lilly plans to work with payers on making this available on formularies for insurance coverage and so that it applies to deductibles; but mostly, this will be available immediately in pharmacies for those without insurance or exposed to high-deductibles, as a less expensive option.

The Lilly logo is written in a red, cursive script font.

[READ MORE HERE](#)

Join DECA Now

[Donate Now](#)

[Visit our Website](#)

The Diabetes Education and Camping Association is registered to conduct business in the State of Florida. A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling toll-free 1-800-435-7352 within the State. Registration does not imply endorsement, approval, or recommendation by the State.